

Patient Care Technician PCT
Syllabus

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# **PROGRAM INTRODUCTION:**

### **OVERVIEW:**

This program aims to prepare Patient Care Technicians (PCT) in Saudi Arabia to become valuable members of the healthcare system. Its purpose is to address the demand for skilled nursing professionals in alignment with the Kingdom of Saudi Arabia Vision 2030, attracting enthusiastic and highly qualified Saudi women and men. The program provides comprehensive training in clinical settings, enabling trainees to work under the supervision of registered nurses (RNs) and deliver direct patient care in both outpatient and inpatient environments.

PCTs will acquire fundamental skills necessary to support RNs in caring for individuals across various healthcare settings. Their responsibilities will include taking vital signs, making beds, assisting with dressing and bathing, aiding in procedures under the guidance of an RN, and helping patients with mobility and transfer. PCTs are also responsible for promptly reporting any concerns to the supervising RN. Upon successfully passing a final assessment exam, the PCTs will be classified by the Saudi Commission for Health Specialties (SCFHS).

The demand for PCTs primarily arises from the Ministry of Health, as well as some private sectors. The program was created and developed by the Health Academy, and it will be implemented by Saudi Arabian training centers that meet certain requirements.

To ensure the program's quality and relevance, the PCT curriculum has been internationally benchmarked against the American Red Cross' evidence-based Nurse Assistant Training, widely used in North America. This generic textbook has been carefully customized to the local setting in order to connect it with the PCT's job and prevent any confusion or overlap with RNs' duties. Since PCTs usually work under the direct or indirect supervision of an RN, it is crucial to understand that the PCT position is an addition to the RN's.

### PROGRAM DESCRIPTION

## Vision

The Patient Care Technician program (PCT) is an essential contribution in support of qualified nurses for delivery of patient care in the healthcare system in Saudi Arabia in alignment to Vision 2030.

# Mission

The Patient Care Technician (PCT) fulfills an essential role in caring for patients in either the ambulatory or inpatient care settings, and are fundamental to patients having a positive experience and better outcome. This patient outcome is gained through PCT foundational skills that range from responding to basic needs to a range of activities of daily living for the citizen as an activated person in the healthcare system. The PCT is a vital partner in a nursing team aimed at supporting the total delivery of patient care.



# **Duties of the Patient Care Technician (PCT)**

The PCTs will receive comprehensive training in essential skills to effectively assist RNs and deliver patient care in both ambulatory care and inpatient care settings as following:

- 1. follows the agreed-upon schedule and shows up on time for work.
- 2. Performs accurate vital sign measurements, including temperature, blood pressure, pulse, respiration rate, and height and weight, if necessary, promptly documenting them in the person's file or chart.
- 3. Provides personal care to enhance the patient experience, including:
  - a) Assisting in turning and repositioning individuals to prevent pressure ulcers.
  - b) Lifting patients onto beds, examination beds, wheelchairs, etc. in a safely manner.
  - c) Making beds, changing bed sheets, and ensuring patient comfort during bed rest.
  - d) Restocking examination rooms with necessary care-related supplies.
  - e) Assisting individuals with self-care activities if they are unable to do so independently.
  - f) Orienting patients to the ward, inpatient setting, clinic, and available services.
  - g) Obtaining samples (such as urine, feces, or sputum) for laboratory tests as instructed.
  - h) Conducting blood sugar level tests under the supervision of an RN.
  - i) Assisting with patient transportation throughout the hospital for examinations, operations, or therapeutic purposes.
  - j) Communicating effectively with patients, family members, and healthcare team members.
  - k) Answering questions within the PCT scope of practice or referring to an RN when necessary.
  - 1) Maintaining strict patient confidentiality at all times.
- 4. Developing positive and supportive professional relationships with patients and their family members.
- 5. Reporting any observations or concerns about a patient's condition promptly to the RN or charge nurse.
- 6. keeping the work areas and patient environment where care is given clean, orderly, and safe.
- 7. ensuring adherence to safety goals, infection prevention and control procedures, and standard precautions as outlined in organizational rules and the treatment plan for the patient.
- 8. Monitoring patient intake and output, including nutrition, meal supplements, and fluids and promptly records all.
- 9. Assisting with admissions, transfers, and discharges as required.



- 10. following emergency preparations for fires and disasters and performing related tasks when necessary.
- 11. Attending all mandatory continuing development programs and training sessions.
- 12. Taking initiative in providing services within the scope of the PCT job role.
- 13. Recording necessary patient care information in manual and computerized records.
- 14. Answering calls politely, accurately relaying messages quickly, and addressing visitors' general questions.
- 15. Directing patients to relevant areas for investigations, providing verbal or written information as necessary.
- 16. Preparing specific equipment required for clinical procedures within the clinic before they commence.
- 17. Carrying out responsibilities and obligations delegated by an RN.

## **Duration:**

The program consists of a 52-week training period in one calendar year. The Trainee is required to maintain full-time enrollment throughout the entire duration of the program.

# PROGRAM GOAL AND LEARNING OUTCOMES

# Goals

The PCT role is to assist RNs in providing care to individuals in both outpatient and inpatient settings. This entails delivering effective and competent patient care while working together with the RN and other team members to achieve optimal healthcare outcomes for those in need of care.

# **Program Learning Outcomes**

At the end of the program, the trainees should be able to:

- Assists individuals with activities of daily living, including grooming, dressing, bathing, eating, and exercising, in both outpatient and inpatient care settings.
- Supports nursing staff by performing tasks such as taking vital signs, collecting specimens, reporting patient behaviors, and documenting relevant findings.
- Adheres to the instructions of the RN and other healthcare professionals (such as physiotherapists, respiratory therapists, and social workers) as advised by the RN.
- communicates with patients, their families or caregivers, and all healthcare professionals involved in their care in an effective manner.
- Provides appropriate support to individuals and their families as needed.
- Follow hospital policy and procedures to ensure patient safety.
- Documents observations and nursing care according to hospital policies.



- Reports any concerns or abnormal observations to the RN Immediately.
- Protects patient's confidentiality by ensuring that information is not shared outside the healthcare team.
- Performs in accordance with the country's laws, standards, and the SCFHS Code of Ethics,

# **PCT Trainee's Responsibilities**

Upon receiving written notification of acceptance into the PCT program, the following responsibilities will be applied:

# **Before Clinical Experiences:**

Prior to engaging in clinical experiences, the following preparations are necessary:

- 1. Trainees must purchase the required uniform and necessary equipment.
- 2. Trainees are obligated to submit a recent medical report and provide their immunization record. Documentation of the following is required:
  - Mendel-Mantoux Test/Purified Protein Derivative (PPD)
  - Measles, Mumps and Rubella (MMR) Vaccine
  - Varicella Vaccine
  - Hepatitis B Titer and Immunization
  - Hepatitis C Test
  - Human Immunodeficiency Virus (HIV) Test
  - COVID -19 Vaccine
- 3. Trainees need to make appropriate arrangements for transportation to ensure attendance and avoid absenteeism.

# **During Clinical Experiences:**

Trainees are expected to adhere to the following responsibilities:

- Communicate professionally with instructors, peers, and other program team members.
- Maintain a professional demeanor at all times.
- Take responsibility for active participation in their programs.
- Uphold the highest standards of honesty, effort, and performance.
- Complete assigned readings prior to each session.
- Bring all necessary materials to class and clinical training settings.
- Review course content and be prepared to discuss the topics during class.
- Seek clarification if anything remains unclear during lectures.
- Provide assistance to colleagues through discussions and practical sessions.
- Ensure timely completion of modules as specified.
- Fulfill all exercises and quizzes within the designated timeframes set by the course faculty.
- Complete all assignments according to the specified criteria.
- Develop and implements a plan to achieve educational goals.
- Wear the designated uniform and complies with all rules and regulations



- specific to each clinical setting.
- Informs the clinical instructor or faculty member in case of any absences promptly, including emergency situations or absence from classes and clinical settings.
- Reports any incidents, such as injuries, exposure to blood or body fluids, or needle injuries, to their clinical instructors.
- Obtained Basic Life Support (BLS) training is mandatory as part of the program requirements.
- Adhere to all program policies outlined in the curriculum.

# Under the supervision of the instructor or nursing staff, the Trainees have the right to:

- Gain access to clinical settings to learn the required skills.
- Receive an orientation to the clinical site, including the nursing care routine and other healthcare team members.
- Assigned to preceptor.
- Introduced to the person/patient and all involved in their care and their role explained.
- Keep them updated on the condition and progress of the patients they are caring for.
- Provide direct care to individuals under RNs supervision.
- Access to supply rooms, patient files, and machines when necessary.
- Use the appropriate equipment and supplies when required.
- Receive support from RNs to participate in all aspects of care for their assigned patients.
- Receive regular constructive feedback about their training performance.
- Ask for help and seek support whenever needed.
- Collaborate with other trainees to enhance their learning experiences.
- Take breaks as instructed.





# **Modules and Hours Schedule**

- The program must be completed within a duration of one full calendar year
- \*The training hours are set at 8 hours per day (40 hrs./week), including designated break times.
- The 40 hours training will be distributed as following: (see appendix 4. Suggested Weekly Schedule)
  - o For Module 1 (5 days theoretical teaching)
  - For Module 2 to module 6 (2 days theory and 3 days simulation/clinical hours)

<sup>\*</sup>Note: Please adhere to the training center's designated working hours for clinical training, which consist of 12-hour or 8-hour shifts.

|      |   |                 | References   |
|------|---|-----------------|--|
| Item | Module Name   | Duration/ Hours |  |
|      |   |                 |  |
| 1.   | Program Introduction and Orientation  | 1 Week          | PCT Program Curriculum- Health Academy -SCFHS 2023   |
| 2.   | Module 1: Introduction to Medical Terminology   | 3 Weeks         | Judi L. Nath (2019). A Short Course in Medical<br>Terminology, 4th Edition   |
| σi   | Module 2: PCT Role in the Health Care Settings  | 2 Weeks         | 1. Sorrentino, S. A., Remmert, L., & Wilk, L. S. (2020). Mosby's Textbook for Nursing Assistants (10th ed.). St. Louis, MO: Elsevier.  2. American Red Cross (2013). American Red Cross Nurse Assistant Training Textbook: Third Edition. United States of America: Krames Stay Well Strategic Partnerships Division. ISBN: 978-1584805823,  3. Professionalism and Ethics Handbook for Residents Guide (2015) Saudi Commission for Health Specialties, Riyadh - |
| 4.   | Module 3: Promoting Safety in Health Care Settings  | 5 Weeks         | 1. Sorrentino, S. A., Remmert, L., & Wilk, L. S. (2020). Mosby's Textbook for Nursing Assistants (10th ed.). St. Louis, MO: Elsevier.)  2. American Red Cross (2013). American Red Cross Nurse Assistant Training Textbook: Third Edition. United States of America: Krames Stay Well Strategic Partnerships Division. ISBN: 978-1584805823,   |
| 5.   | Module 4: Fundamentals of providing care by the PCT in the ambulatory and inpatient care settings | 9 Weeks         | <ol> <li>Sorrentino, S. A., Remmert, L., &amp; Wilk, L. S. (2020). Mosby's Textbook for Nursing Assistants (10th ed.). St. Louis, MO: Elsevier.</li> <li>American Red Cross (2013). American Red Cross Nurse Assistant Training Textbook: Third Edition. United States of America: Krames Stay Well Strategic Partnerships Division. ISBN: 978-1584805823,</li> </ol>  |



| 6.    | Module 5: Special Care Situations                     | 8 Weeks  |   |
|-------|---|----------|---|
|       |   |          | 1. Sorrentino, S. A., Remmert, L., & Wilk, L. S. (2020). Mosby's Textbook for Nursing Assistants (10th ed.). St. Louis, MO: Elsevier.   |
|       |   |          | 2. American Red Cross (2013). American Red Cross<br>Nurse Assistant Training Textbook: Third Edition.<br>United States of America: Krames Stay Well Strategic<br>Partnerships Division. ISBN: 978-1584805823,             |
| 7.    | Module 6: Transitioning from Trainee to Employee      | 1 Week   | American Red Cross (2013). American Red Cross Nurse Assistant Training Textbook: Third Edition. United States of America: Krames Stay Well Strategic Partnerships Division. ISBN: 978-1584805823,  (Chapter 24- page 382) |
| 8.    | Modules Revision and Comprehensive Final Exam         | 1 Weeks  | The comprehensive final exam should be administered within a timeframe of 4 to 6 weeks after the completion of all modules.   |
| 9.    | Clinical placement and Mastery of Skills (Internship) | 20 weeks | PCT Program Curriculum- Health Academy -SCFHS 2023  |
| 10.   | Final OSCE Exam                                       | 2 Weeks  | The OSCE Exam is conducted at a designated center.  |
| TOTAL |   | 52 WEEKS |   |





# \*Module (Theory) Schedule:

Module 1: Introduction to Medical Terminology Duration: 3 weeks

|           |   | Mo   | dule:<br>We       | Introduction to<br>eeks :1   | <b>o Medical Term</b><br>Date:                                    |  |                 |   |  |
|-----------|---|--|-------------------|--|---|--|-----------------|---|--|
| Day/Time  | 7:00 – 8:00   | 8:00 – 9:00                                      | 9:00<br>-<br>9:15 | 9:15 – 10:00   | 10:00 – 11:00   | 11:00 – 12:00                                  | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 –<br>15:00                                     |
| Sunday    | Introduction<br>to Medical<br>Terminology             | Acquiring and Using Language Sense               | Break             | Analyzing<br>Medical Terms   | Building<br>Medical Terms<br>from Word<br>Parts                   | Define and use combining forms                 | Break           | Exercise-<br>Defining<br>Terms                                | Exercise-<br>Analyzing<br>Terms                      |
|           | Instructor:   | Instructor:                                      |                   | Instructor:  | Instructor:   | Instructor:                                    |                 | Instructor:   | Instructor:  |
|           | Venue:  | Instructor:                                      |                   | Venue:   | Venue:  | Venue:   |                 | Venue:  | Venue:   |
| Monday    | Introduction<br>to common<br>prefixes and<br>suffixes | Categories of<br>Prefixes                        | Break             | Prefixes of Time<br>or Speed   | Prefixes of<br>Direction  | Prefixes of<br>Position                        | Break           | Prefixes of<br>Size and<br>Number                             | Exercise-<br>Define<br>Prefixes                      |
|           | Instructor:   | Instructor:                                      |                   | Instructor:  | Instructor:   | Instructor:                                    |                 | Instructor:   | Instructor:  |
|           | Venue:  | Venue:   |                   | Venue:   | Venue:  | Venue:   |                 | Venue:  | Venue:   |
| Tuesday   | Categories of<br>Suffixes                             | Suffixes<br>Signifying<br>Medical<br>Conditions  | Break             | Suffixes Signifying Diagnostic Terms, Test Information, or Surgical Procedures | Suffixes That<br>Name a<br>Medical<br>Practice or<br>Practitioner | Exercise -<br>adding prefixes                  | Break           | Exercise –<br>adding<br>suffixes                              | Completion<br>of<br>educational<br>online<br>content |
|           | Instructor:   | Instructor:                                      |                   | Instructor:  | Instructor:   | Instructor:                                    |                 | Instructor:   | Instructor:  |
|           | Venue:  | Venue:   |                   | Venue:   | Venue:  | Venue:   |                 | Venue:  | Venue:   |
| Wednesday | Introduction<br>of<br>organization<br>of the body     | Word Parts<br>Related to<br>Body<br>Organization | Break             | Anatomic<br>Position   | Directional<br>Terms  | Body Planes                                    | Break           | Exercise: Short answer True or false Matching Multiple Choice | Completion<br>of<br>educational<br>online<br>content |
|           | Instructor:   | Instructor:                                      |                   | Instructor:  | Instructor:   | Instructor:                                    |                 | Instructor:   | Instructor:  |
|           | Venue:  | Venue:   |                   | Venue:   | Venue:  | Venue:   |                 | Venue:  | Venue:   |
| Thursday  | Systems of the<br>Body:<br>Integumentary              | Integumentary:<br>Common<br>Combining<br>Forms   | Break             | Integumentary:<br>Common<br>Suffixes   | Integumentary:<br>Common<br>Prefixes                              | Integumentary:<br>Common Signs<br>and Symptoms | Break           | Exercise: Word Parts Matching True or False                   | Quiz 1   |
|           | Instructor:   | Instructor:                                      | ]                 | Instructor:  | Instructor:   | Instructor:                                    |                 | Instructor:   | Instructor:  |
|           | Venue:  | Venue:   | 1                 | Venue:   | Venue:  | Venue:   |                 | Venue:  | Venue:   |



|           |  | Mo  | dule:             | Introduction t<br>Weeks :2                      | o Medical Terr<br>Date:                                      | ninology   |                 |  |  |
|-----------|--|---|-------------------|---|--|--|-----------------|--|--|
| Day/Time  | 7:00 – 8:00  | 8:00 – 9:00                                     | 9:00<br>-<br>9:15 | 9:15 – 10:00                                    | 10:00 –<br>11:00   | 11:00 –<br>12:00   | 12:00-<br>13:00 | 13:00 –<br>14:00   | 14:00 –<br>15:00   |
| Sunday    | Introduction<br>to the skeletal<br>system.         | Skeletal<br>System:<br>Common<br>Suffixes       | Break             | Skeletal<br>System:<br>Common<br>Prefixes       | Skeletal<br>System:<br>Movements at<br>joints                | Skeletal<br>System:<br>common signs<br>and<br>symptoms       | Break           | Exercise1:<br>Word<br>Parts                              | Exercise 2:<br>Matching<br>Short<br>Answer<br>True or Fals |
|           | Instructor:  | Instructor:                                     |                   | Instructor:                                     | Instructor:  | Instructor:  |                 | Instructor:  | Instructor:  |
|           | Venue:   | Venue:  |                   | Venue:  | Venue:   | Venue:   |                 | Venue:   | Venue:   |
| Monday    | Introduction<br>to the<br>Muscular<br>System       | Muscular<br>System:<br>Common<br>Suffixes       | Break             | Muscular<br>System:<br>Common<br>Prefixes       | Muscular<br>System:<br>common signs<br>and<br>symptoms       | Skeletal<br>Muscle<br>Actions                                | Break           | Exercise 1: Word Parts Word Building                     | Exercise 2:<br>Matching<br>Short<br>Answer<br>True or Fals |
|           | Instructor:  | Instructor:                                     |                   | Instructor:                                     | Instructor:  | Instructor:  |                 | Instructor:  | Instructor:  |
|           | Venue:   | Venue:  |                   | Venue:  | Venue:   | Venue:   |                 | Venue:   | Venue:   |
| Tuesday   | Introduction<br>to Nervous<br>System.              | Nervous<br>System:<br>Common<br>Suffixes        | Break             | Nervous<br>System:<br>Common<br>Prefixes        | Nervous<br>System:<br>Common<br>Signs and<br>Symptoms        | Nervous<br>System:<br>Common<br>Medical<br>Procedures        | Break           | Exercise: Matching Short Answer True or False            | Completion of educations online content                    |
|           | Instructor:  | Instructor:                                     |                   | Instructor:                                     | Instructor:  | Instructor:  |                 | Instructor:  | Instructor:  |
|           | Venue:   | Venue:  |                   | Venue:  | Venue:   | Venue:   |                 | Venue:   | Venue:   |
| Wednesday | Introduction<br>to the<br>Cardiovascular<br>System | Cardiovascular<br>System:<br>Common<br>Suffixes | Break             | Cardiovascular<br>System:<br>Common<br>Prefixes | Cardiovascular<br>System:<br>Common<br>Signs and<br>Symptoms | Cardiovascular<br>System:<br>Common<br>Medical<br>procedures | Break           | Exercise: Word Parts Word Building Matching Short Answer | Completion<br>of<br>educationa<br>online<br>content        |
|           | Instructor:  | Instructor:                                     |                   | Instructor:                                     | Instructor:  | Instructor:  |                 | Instructor:  | Instructor:  |
|           | Venue:   | Venue:  | <u> </u>          | Venue:  | Venue:   | Venue:   |                 | Venue:   | Venue:   |
| Thursday  | Introduction:<br>to the<br>Respiratory<br>System   | Respiratory<br>System:<br>Common<br>Suffixes    | Break             | Respiratory<br>System:<br>Common<br>Prefixes    | Respiratory<br>System:<br>Common<br>Signs and<br>Symptoms    | Respiratory<br>System:<br>Common<br>Diagnostic<br>Procedures | Break           | Exercise 1: Word Parts Word Building                     | Quiz 2   |
|           | Instructor:  | Instructor:                                     | 1                 | Instructor:                                     | Instructor:  | Instructor:  |                 | Instructor:  | Instructor:  |
|           | Venue:   | Venue:  | 1                 | Venue:  | Venue:   | Venue:   |                 | Venue:   | Venue:   |
|           |  |   | 1                 |   |  |  | l               |  |  |



|               |   | Mod  |                   | troduction<br>Weeks: 3  | <b>to Medical</b><br>Date   | Terminolog   | ву                      |   |   |
|---------------|---|--|-------------------|---|---|--|-------------------------|---|---|
| Day/Ti<br>me  | 7:00 – 8:00   | 8:00 – 9:00  | 9:00<br>-<br>9:15 | 9:15 –<br>10:00   | 10:00 -<br>11:00  | 11:00 –<br>12:00   | 12:0<br>0-<br>13:0<br>0 | 13:00 –<br>14:00                                      | 14:00 – 15:00   |
| Sunday        | Introduction to the digestive system                        | The Digestive<br>System<br>Common<br>Suffixes                | Break             | The<br>Digestive<br>System<br>Common<br>Prefixes                              | The Digestive System: Common Signs and Symptoms                   | The Digestive System: Common Medical and Surgical Procedure                      | Break                   | Exercise<br>1:<br>Word<br>Parts<br>Word<br>Building   | Exercise 2:<br>Matching<br>Fill in The Blank True or<br>False |
|               | Instructor:   | Instructor:  |                   | Instructor:   | Instructor:   | Instructor:  |                         | Instruct or:  | Instructor:   |
|               | Venue:  | Venue:   |                   | Venue:  | Venue:  | Venue:   |                         | Venue:  | Venue:  |
| Monda<br>y    | Introduction to the<br>Urinary System                       | Urinary<br>System:<br>Common<br>Suffixes                     | Break             | Urinary<br>System:<br>Common<br>Prefixes                                      | Urinary<br>System:<br>Common<br>Signs and<br>Symptoms             | Urinary<br>System:<br>Common<br>Medical<br>and<br>Surgical<br>Procedure          | Break                   | Exercise : Word Parts Word Building                   | Completion of educational online content                      |
|               | Instructor:   | Instructor:  |                   | Instructor:   | Instructor:   | Instructor:  |                         | Instruct or:  | Instructor:   |
|               | Venue:  | Venue:   |                   | Venue:  | Venue:  | Venue:   |                         | Venue:  | Venue:  |
| Tuesda<br>y   | Introduction to the<br>Reproductive                         | Reproductive<br>system:<br>Common<br>Suffixes                | Break             | Reproduct<br>ive<br>system:<br>Common<br>Prefixes                             | Reproduct<br>ive<br>System:<br>Common<br>Signs and<br>Symptoms    | Reproduct<br>ive<br>System:<br>Common<br>Medical<br>and<br>Surgical<br>Procedure | Break                   | Exercise 1: Word Parts Word Building                  | Exercise 2:<br>Matching<br>Fill in The Blank True or<br>False |
|               | Instructor:   | Instructor:  |                   | Instructor:   | Instructor:   | Instructor:  |                         | Instruct or:  | Instructor:   |
|               | Venue:  | Venue:   | 1                 | Venue:  | Venue:  | Venue:   |                         | Venue:  | Venue:  |
| Wedne<br>sday | Introduction to the<br>Endocrine System                     | The Endocrine<br>System:<br>Common<br>Suffixes               | Break             | The<br>Endocrine<br>System:<br>Common<br>Prefixes                             | The Endocrine System: Common Signs and Symptoms                   | Exercise:1<br>Word<br>Parts<br>Word<br>Building                                  | Break                   | Exercise 2: Matchin g Fill in The Blank True or False | Completion of educational online content                      |
|               | Instructor:   | Instructor:  |                   | Instructor:   | Instructor:   | Instructor:  |                         | Instruct or:  | Instructor:   |
| Thursda<br>y  | Venue:  Introduction to special senses of sight and hearing | Venue:  Special senses of sight and hearing: Common Suffixes | Break             | Venue:<br>Special<br>senses of<br>sight and<br>hearing:<br>Common<br>Prefixes | Venue:<br>Special<br>senses of<br>sight and<br>hearing:<br>Common | Venue:  Exercise:1  Word  Parts  Word  Building                                  | Break                   | Venue: Exercise 2: Matchin g Fill in The              | Venue:<br>Quiz 3  |





|             |             |             | Signs and<br>Symptoms |             | Blank<br>True or |             |
|-------------|-------------|-------------|-----------------------|-------------|------------------|-------------|
|             |             |             |                       |             | False            |             |
| Instructor: | Instructor: | Instructor: | Instructor:           | Instructor: | Instruct or:     | Instructor: |
| Venue:      | Venue:      | Venue:      | Venue:                | Venue:      | Venue:           | Venue:      |





# \*Module (Theory/ Clinical) Schedule:

Module 2: PCT Role in the Health Care Settings Duration: 2 weeks

|           |  |   | *M                | lodu: PCT Ro<br>Wee  | le in the Health (<br>k (1)                | _  |                 |                               |   |
|-----------|--|---|-------------------|--|--|--|-----------------|-------------------------------|---|
| Day/Time  | 7:00 –<br>8:00                                       | 8:00 –<br>9:00                          | 9:00<br>-<br>9:15 | 9:15 –<br>10:00  | 10:00 – 11:00                              | 11:00 –<br>12:00   | 12:00-<br>13:00 | 13:00 –<br>14:00              | 14:00 – 15:00                             |
| Sunday    | PCT Working as a Member of the Health Care Team      | Role of<br>PCT                          | Break             | PCT within<br>the<br>healthcare<br>team                                  | Understanding<br>the People in<br>Our Care | Different<br>types of<br>healthcare<br>settings  | Break           | Five<br>principles<br>of care | Assignment Group activities & Discussions |
|           | Instructor:  | Instructor:                             |                   | Instructor:  | Instructor:                                | Instructor:  |                 | Instructor:                   | Instructor:                               |
|           | Venue:   | Venue:                                  |                   | Venue:   | Venue:                                     | Venue:   |                 | Venue:                        | Venue:                                    |
| Monday    | Legal and<br>ethical<br>aspects of<br>health<br>care | Using<br>ethics to<br>guide<br>behavior | Break             | behaviors<br>that can<br>result in<br>legal or<br>disciplinary<br>action | Professionalism<br>and PCT                 | Assignment of Group activities: Case Discussion for Professional Conduct in the clinical setting | Break           | Quiz 1                        | Completion of educational online content  |
|           | Instructor:  | Instructor:                             |                   | Instructor:  | Instructor:                                | Instructor:  |                 | Instructor:                   | Instructor:                               |
|           | Venue:   | Venue:                                  | ulation           | Venue:<br>lab/ clinical p  | Venue:                                     | Venue:   | Break           | Venue:<br>(Simulation         | Venue:                                    |
| Tuesday   |  | (31111                                  | ulation           | iab/ ciiriicai p   | ласептепт,                                 |  | Dicak           | placement)                    | iab) cillical                             |
| Wednesday |  |   |                   |  |  |  |                 |                               |   |
| Thursday  |  | (Sim                                    | ulation           | lab/ clinical p  | placement)                                 |  | Break           | (Simulation placement)        | lab/ clinical                             |

<sup>\*</sup>Training centers have the flexibility to modify the scheduled days for theory and clinical sessions.



|               |  |  |                              | : PCT Role in the<br>Weeks: (2)                               | e Health Care Sett<br>Date :                                 | ings  |                     |   |  |
|---------------|--|--|------------------------------|---|--|---|---------------------|---|--|
| Day/Ti<br>me  | 7:00 – 8:00  | 8:00 – 9:00  | 9:00 –<br>9:15               | 9:15 – 10:00  | 10:00 – 11:00  | 11:00 –<br>12:00  | 12:00<br>-<br>13:00 | 13:00 –<br>14:00  | 14:00 –<br>15:00                         |
| Sunday        | Communicating<br>With the Person                                     | Communicati<br>on Rules  | Break                        | Methods<br>and barriers<br>to good<br>communicat<br>ion       | Communicatio<br>n with persons<br>who have<br>special needs. | Family<br>and<br>visitors<br>Communic<br>ation              | Break               | Assignment<br>Group<br>activities &<br>Discussions          | Completion of educational online content |
|               | Instructor:  | Instructor:  |                              | Instructor:   | Instructor:  | Instructor:   |                     | Instructor:   | Instructor:                              |
|               | Venue:   | Venue:   |                              | Venue:  | Venue:   | Venue:  |                     | Venue:  | Venue:                                   |
| Monda<br>y    | Communicating<br>with other<br>Members of the<br>Health Care<br>Team | The purpose, parts, and information found in the medical record. | Break                        | The legal<br>and ethical<br>aspects of<br>medical<br>records. | Reporting and<br>Recording                                   | Delegatio<br>n<br>Guidelines<br>: The<br>Nursing<br>Process | Break               | Basic<br>observation<br>s to be<br>reported to<br>the nurse | Quiz 2                                   |
|               | Instructor:  | Instructor:  |                              | Instructor:   | Instructor:  | Instructor:   |                     | Instructor:   | Instructor:                              |
|               | Venue:   | Venue:   |                              | Venue:  | Venue:   | Venue:  |                     | Venue:  | Venue:                                   |
| Tuesda<br>y   |  | (Simula  | ation lab/                   | clinical placeme  | nt)  |   | Break               | (Simulation la<br>placement)                                | ab/ clinical                             |
| Wedne<br>sday |  | Break  | (Simulation la<br>placement) | ab/ clinical  |  |   |                     |   |  |
| Thursd<br>ay  |  | (Simula  | ation lab/                   | clinical placeme  | nt)  |   |                     | (Simulation la<br>placement)                                | ab/ clinical                             |

<sup>\*</sup>Training centers have the flexibility to modify the scheduled days for theory and clinical sessions.



Module 3: **Promoting** Safety in the Health Care Settings Duration: 5 weeks

|   |  | ľ   | Module            | : Prompting<br>Week :1                         | Safety in the   | Health Care S<br>Date:                              | ettings         |   |  |
|---|--|---|-------------------|--|---|---|-----------------|---|--|
| Day/Time                                | 7:00 – 8:00  | 8:00 – 9:00   | 9:00<br>-<br>9:15 | 9:15 —<br>10:00                                | 10:00 –<br>11:00  | 11:00 –<br>12:00                                    | 12:00-<br>13:00 | 13:00 – 14:00   | 14:00 – 15:00  |
| Day 1                                   | international<br>Patient<br>Safety Goals<br>(IPSG): Part I | International<br>Patient<br>Safety Goals<br>(IPSG): Part II | Break             | Patient Populations at risk for safety hazards | Protecting<br>vulnerable<br>patients from<br>safety hazards | Correct<br>Patient's<br>Identification              | Break           | Patient<br>Identification<br>Adult: Case<br>Scenarios | Patient Identification Pediatric & Newborn: Case Scenarios |
|   | Instructor:  | Instructor:   |                   | Instructor:                                    | Instructor:   | Instructor:   |                 | Instructor:   | Instructor:  |
|   | Venue:   | Instructor:   |                   | Venue:   | Venue:  | Venue:  |                 | Venue:  | Venue:   |
| Day 2                                   | Risk Factors<br>of Falls<br>Injury                         | Fall risk<br>Prevention<br>Strategies                       | Break             | Fall risk<br>assessment<br>tools               | Fall Risk<br>Assessment<br>Tools: Case<br>Scenarios         | Fall Risk<br>Assessment<br>Tools: Case<br>Scenarios | Break           | Completion of<br>Online Module                        | Quiz 1   |
|   | Instructor:  | Instructor:   |                   | Instructor:                                    | Instructor:   | Instructor:   |                 | Instructor:   | Instructor:  |
|   | Venue:   | Venue:  |                   | Venue:   | Venue:  | Venue:  |                 | Venue:  | Venue:   |
| Day 3                                   |  | nical<br>imulation Lab                                      | Break             | Clinica  | l Placement/Simu  | lation Lab  | Break           | Clinical Placeme                                      | ent/Simulation Lab   |
| Day 4 Clinical Placement/Simulation Lab |  |   | Break             | Clinica  | l Placement/Simu  | lation Lab  | Break           | Clinical Placeme                                      | ent/Simulation Lab   |
| Day 5                                   | Day 5 Clinical Placement/Simulation Lab                    |   |                   | Clinica  | l Placement/Simu  | lation Lab  | Break           | Clinical Placeme                                      | ent/Simulation Lab   |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|   |   | М  | odule:            | Promoting Sa<br>Week: 2               | afety in the                              | Health Care                                     | Setting         | S  |  |
|---|---|--|-------------------|---------------------------------------|---|---|-----------------|--|--|
| Day/Time                                | 7:00 – 8:00                                       | 8:00 –<br>9:00   | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                       | 10:00 –<br>11:00                          | 11:00 –<br>12:00                                | 12:00-<br>13:00 | 13:00 –<br>14:00                                 | 14:00 – 15:00                              |
| Day 1                                   | Controlling the<br>Spread of<br>Infection: Part I | Controlling<br>the Spread<br>of<br>Infection:<br>Part II | Break             | Transmission<br>Modes of<br>infection | Signs and<br>Symptoms<br>of<br>Infection  | Infection<br>Control<br>Standard<br>precautions | Break           | Infection<br>Control<br>isolation<br>Precautions | Infection Control isolation<br>Precautions |
|   | Instructor:                                       | Instructor:  |                   | Instructor:                           | Instructor:                               | Instructor:                                     |                 | Instructor:                                      | Instructor:                                |
|   | Venue:  | Instructor:  |                   | Venue:                                | Venue:                                    | Venue:  |                 | Venue:   | Venue:                                     |
| Day 2                                   | Hand Hygiene                                      | Surgical<br>Hand Rub                                     | Break             | Use of Personal Protective equipment  | Use of Personal Protective equipment      | Respiratory Hygiene (Cough Etiquette)           | Break           | Completion<br>of Online<br>Module                | Quiz 2                                     |
|   | Instructor:                                       | Instructor:  |                   | Instructor:                           | Instructor:                               | Instructor:                                     |                 | Instructor:                                      | Instructor:                                |
|   | Venue:  | Venue:   |                   | Venue:                                | Venue:                                    | Venue:  |                 | Venue:   | Venue:                                     |
| Day 3                                   | Clinical Placement/Simulation                     |  |                   | Clinical Pla                          | Clinical Placement/Simulation Lab Break ( |   |                 | Clinical P                                       | lacement/Simulation Lab                    |
| Day 4 Clinical Placement/Simulation Lab |   | t/Simulation   | Break             | Clinical Pla                          | acement/Simu                              | lation Lab                                      | Break           | Clinical P                                       | lacement/Simulation Lab                    |
| Day 5 Clinical Placement/Simulation Lab |   |  | Break             | Clinical Pla                          | acement/Simu                              | lation Lab                                      | Break           | Clinical P                                       | lacement/Simulation Lab                    |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|   |   | N  | /lodule           | : Promoting S<br>Week: 3                                     | afety in the I  | <b>Health Care Set</b><br>Date:                             | tings           |   |                             |
|---|---|--|-------------------|--|---|---|-----------------|---|-----------------------------|
| Day/Time                                    | 7:00 – 8:00   | 8:00 – 9:00  | 9:00<br>-<br>9:15 | 9:15 –<br>10:00  | 10:00 –<br>11:00  | 11:00 – 12:00   | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00               |
| Day 1                                       | Medical<br>Wastes<br>Disposable<br>Part I                               | Medical<br>Wastes<br>Disposable<br>Part II                               | Break             | Ensuring safety in the patient/ clinical environment: Part I | Ensuring<br>safety in the<br>patient/<br>clinical<br>environment<br>: Part II | Common<br>Hazards in<br>Clinical Settings<br>Part I         | Break           | Common<br>Hazards in<br>Clinical<br>Settings<br>Part II | Fire Safety in<br>Workplace |
|   | Instructor:   | Instructor:  |                   | Instructor:  | Instructor:   | Instructor:   |                 | Instructor:   | Instructor:                 |
|   | Venue:  | Instructor:  |                   | Venue:   | Venue:  | Venue:  |                 | Venue:  | Venue:                      |
| Day 2                                       | Post Fall<br>Intervention<br>and<br>Management<br>Strategies:<br>Part I | Post Fall<br>Intervention<br>and<br>Management<br>Strategies:<br>Part II | Break             | Sharps Safety  | Safe<br>Injection<br>Practices  | Improving Effective Communication among health care workers | Break           | Completion<br>of Online<br>Module                       | Quiz 3                      |
|   | Instructor:   | Instructor:  | L.                | Instructor:  | Instructor:   | Instructor:   |                 | Instructor:   | Instructor:                 |
|   | Venue:  | Venue:   |                   | Venue:   | Venue:  | Venue:  |                 | Venue:  | Venue:                      |
| Clinical Placement/Simulation               |   |  | Break             | Clinical Placement/Simulation Lab                            |   |   | Break           | Clinical Pla  | cement/Simulation Lab       |
| Day 4 Clinical Placement/Simulation Lab Bre |   |  | Break             | Clinical   | Placement/Simu  | ılation Lab   | Break           | Clinical Pla  | cement/Simulation Lab       |
| Day 5                                       | Clinical Placement/Simulation   |  |                   | Clinical   | Placement/Simu  | llation Lab   | Break           | Clinical Pla  | cement/Simulation Lab       |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



#### **Module: Promoting Safety in the Health Care Settings** Weeks: 4 Date: 9:00 7:00 -8:00 -10:00 -11:00 -12:00-13:00 -Day/Time 9:15 - 10:0014:00 - 15:008:00 11:00 12:00 9:00 13:00 14:00 9:15 Handling Handling Use of Use of Responding Manual Cytotoxic Cytotoxic patient's patient's to patients Handling: Manual Handling: Part II Material Material alarms Day 1 alarms alarms Part I Break Break Part II Part I Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Venue: Venue: Venue: Venue: Venue: Instructor: Venue: Quality **Emergency Emergency** Emergency Quality and Completion and and disaster and disaster and disaster of Online Patient Patient Management: Quiz 4 Management: Management: Day 2 Module safety Part I safety Break Case Break Part I Part II Scenarios Part II Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Venue: Venue: Venue: Venue: Venue: Venue: Venue: Clinical Day 3 Placement/Simulation Break Clinical Placement/Simulation Lab Break Clinical Placement/Simulation Lab Lab Clinical Day 4 Placement/Simulation Clinical Placement/Simulation Lab Break Clinical Placement/Simulation Lab Break Lab Clinical Day 5 Placement/Simulation Clinical Placement/Simulation Lab Break Clinical Placement/Simulation Lab Break Lab



<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions

#### **Module: Promoting Safety in the Health Care Settings** Week:5 Date: 9:00 10:00 -12:00-9:15 -11:00 -13:00 -Day/Time 7:00 - 8:008:00 - 9:0014:00 - 15:0010:00 11:00 12:00 13:00 14:00 9:15 Responding Responding Common Common Common Common Medical Common Medical to common to common Medical Medical Medical Emergencies: medical medical Emergencies: Case Emergencies: Emergencies: Emergencies: Day 1 Emergencies: Emergencies: Case Scenarios Break Break Part I Part II Part III Part II Scenarios Part I Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Venue: Instructor: Venue: Venue: Venue: Venue: Venue: Signs and Completion Choking Choking symptoms of Basic Life Basic life of Online Quiz 5 Management Management adult cardiac Support support Module Day 2 Break Break arrest Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Instructor: Venue: Venue: Venue: Venue: Venue: Venue: Venue: Clinical Placement/Simulation Day 3 Break Clinical Placement/Simulation Lab Break Clinical Placement/Simulation Lab Lab Clinical Placement/Simulation Day 4 Break Clinical Placement/Simulation Lab Break Clinical Placement/Simulation Lab Lab Clinical Placement/Simulation Day 5 Clinical Placement/Simulation Lab Clinical Placement/Simulation Lab Break Break Lab



<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



# Module 4: Fundamentals of providing care by the PCT in the ambulatory and inpatient care settings Duration: 9 weeks

|          | Module 4: Fundamental                |   | i <b>ng care</b><br>/eek :1 | by the PCT ir                       | the ambula<br>Date:              | ntory and inp   | atient ca       | are settings  | 5   |
|----------|--------------------------------------|---|-----------------------------|-------------------------------------|----------------------------------|---|-----------------|---|---|
| Day/Time | 7:00 – 8:00                          | 8:00 –<br>9:00                                    | 9:00<br>-<br>9:15           | 9:15 – 10:00                        | 10:00 –<br>11:00                 | 11:00 –<br>12:00  | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 –<br>15:00                              |
| Day 1    | Promoting Patient's comfort and rest | Promoting<br>Patient's<br>comfort<br>and rest     | Break                       | Bed Making:<br>Occupied Bed         | Bed Making:<br>Unoccupied<br>Bed | Measuring a<br>Person's<br>Blood<br>Pressure<br>(Manual<br>and<br>Electronic) | Break           | Measuring<br>Patient's<br>Pulse Rate                      | Measuring<br>Patient's<br>Respiratory<br>Rate |
|          | Instructor:                          | Instructor:                                       |                             | Instructor:                         | Instructor:                      | Instructor:   |                 | Instructor:   | Instructor:                                   |
|          | Venue:                               | Instructor:                                       |                             | Venue:                              | Venue:                           | Venue:  |                 | Venue:  | Venue:  |
| Day 2    | Measuring Patient's<br>Temperature   | Measuring<br>Patient's<br>Weight<br>and<br>Height | Break                       | Oxygen<br>Saturation<br>Measurement | Pain<br>Assessment:<br>Part I    | Pain<br>Assessment:<br>Part II  | Break           | Wrap-up<br>&<br>Summary<br>Points:<br>Group<br>Discussion | Quiz 1  |
|          | Instructor:                          | Instructor:                                       |                             | Instructor:                         | Instructor:                      | Instructor:   |                 | Instructor:   | Instructor:                                   |
|          | Venue:                               | Venue:  |                             | Venue:                              | Venue:                           | Venue:  |                 | Venue:  | Venue:  |
| Day 3    | Clinical Placement/Simulat           | ion Lab   | Break                       | Clinical Pla                        | acement/Simula                   | ation Lab   | Break           |   | inical<br>Simulation Lab                      |
| Day 4    | Clinical Placement/Simulat           | ion Lab   | Break                       | Clinical Pla                        | acement/Simula                   | ation Lab   | Break           | Clinical<br>Placement/Simulation Lab                      |   |
| Day 5    | Clinical Placement/Simulat           | ion Lab   | Break                       | Clinical Placement/Simulation Lab   |                                  |   | Break           | Clinical<br>Placement/Simulation Lab                      |   |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|          | Module 4: Fundamentals of providing care by the PCT in the ambulatory and inpatient care settings  Week: 2 Date: |  |                   |  |                                      |  |                 |  |                    |  |  |  |  |
|----------|--|--|-------------------|--|--------------------------------------|--|-----------------|--|--------------------|--|--|--|--|
| Day/Time | 7:00 – 8:00  | 8:00 –<br>9:00                         | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                                  | 10:00 –<br>11:00                     | 11:00 –<br>12:00                                 | 12:00-<br>13:00 | 13:00 – 14:00                              | 14:00 – 15:00      |  |  |  |  |
| Day 1    | Personal Hygiene<br>and Care   | Assisting patient's with personal care | Break             | Mouth Care: (Conscious and unconscious patients) | Assisting in dressing and undressing | Assisting in maintaining vision and hearing aids | Break           | Hands Care                                 | Foot Care          |  |  |  |  |
|          | Instructor:  | Instructor:                            |                   | Instructor:                                      | Instructor:                          | Instructor:                                      |                 | Instructor:                                | Instructor:        |  |  |  |  |
|          | Venue:   | Instructor:                            |                   | Venue:   | Venue:                               | Venue:   |                 | Venue:                                     | Venue:             |  |  |  |  |
| Day 2    | Patient's Bathing:<br>Part I   | Patient's<br>Bathing<br>Part II        | Break             | Assisting in perineal care                       | Hair Care                            | Assisting in shaving                             | Break           | Wrap up & Summary Points: Group Discussion | Quiz 2             |  |  |  |  |
|          | Instructor:  | Instructor:                            |                   | Instructor:                                      | Instructor:                          | Instructor:                                      |                 | Instructor:                                | Instructor:        |  |  |  |  |
|          | Venue:   | Venue:                                 |                   | Venue:   | Venue:                               | Venue:   |                 | Venue:                                     | Venue:             |  |  |  |  |
| Day 3    | Clinical Placement/Sir   | nulation Lab                           | Break             | Clinical Pla                                     | acement/Simu                         | lation Lab                                       | Break           | Clinical Placemo                           | ent/Simulation Lab |  |  |  |  |
| Day 4    | Clinical Placement/Simulation Lab  |  |                   | Clinical Placement/Simulation Lab                |                                      |  | Break           | Clinical Placemo                           | ent/Simulation Lab |  |  |  |  |
| Day 5    | Clinical Placement/Sir   | nulation Lab                           | Break             | Clinical Placement/Simulation Lab                |                                      |  | Break           | Clinical Placemo                           | ent/Simulation Lab |  |  |  |  |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



| r        | Module 4: F  | undamentals  | of prov           | viding care by<br>Week :3   | the PCT in t   | : <b>he ambulat</b><br>Date:                      | ory and         | inpatient care s   | ettings   |
|----------|--|--|-------------------|---|--|---|-----------------|--|---|
| Day/Time | 7:00 –<br>8:00   | 8:00 – 9:00  | 9:00<br>-<br>9:15 | 9:15 – 10:00  | 10:00 –<br>11:00                                     | 11:00 –<br>12:00                                  | 12:00-<br>13:00 | 13:00 – 14:00  | 14:00 – 15:00   |
| Day 1    | Assisting patients in performing passive ROM Exercises | Assisting patients in performing passive ROM Exercises | Break             | Assisting patients in walking   | Assisting patients in walking using assisted devices | Lifting<br>patient<br>from<br>stretcher<br>to bed | Break           | Turning patient<br>on bed Using<br>the Logrolling<br>Technique | Turning patient on<br>bed Using the<br>Logrolling Technique |
|          | Instructor:  | Instructor:  |                   | Instructor:   | Instructor:  | Instructor:                                       |                 | Instructor:  | Instructor:   |
|          | Venue:   | Instructor:  |                   | Venue:  | Venue:   | Venue:  |                 | Venue:   | Venue:  |
| Day 2    | Blood<br>Glucose<br>Testing                            | Measurement<br>of blood<br>glucose                     | Break             | Measurement<br>of blood<br>glucose                                    | Completion<br>of Online<br>Module                    | Completion<br>of Online<br>Module                 | Break           | Wrap up & Summary Points: Group Discussion                     | Quiz 3  |
|          | Instructor:  | Instructor:  |                   | Instructor:   | Instructor:  | Instructor:                                       |                 | Instructor:  | Instructor:   |
|          | Venue:   | Venue:   |                   | Venue:  | Venue:   | Venue:  |                 | Venue:   | Venue:  |
| Day 3    |  | inical<br>Simulation Lab                               | Break             | Clinical Pla  | cement/Simula  | ation Lab   | Break           | Clinical Placer  | nent/Simulation Lab   |
| Day 4    |  | inical<br>Simulation Lab                               | Break             | Clinical Pla  | Clinical Placement/Simulation Lab                    |   |                 | Clinical Placer  | nent/Simulation Lab   |
| Day 5    | Day 5 Clinical Bre                                     |  |                   | Clinical Placement/Simulation Lab Break Clinical Placement/Simulation |  |   |                 |  | nent/Simulation Lab   |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



| Mod      | lule 4: Fun   | damentals (  | of prov           | iding care by<br>Week: 4               | y the PCT in                                   | <b>the ambula</b><br>Date:                  | atory and       | d inpatient o                              | care settings                |  |
|----------|---|--|-------------------|--|--|---|-----------------|--|------------------------------|--|
| Day/Time | 7:00 –<br>8:00  | 8:00 –<br>9:00   | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                        | 10:00 –<br>11:00                               | 11:00 –<br>12:00                            | 12:00-<br>13:00 | 13:00 –<br>14:00                           | 14:00 – 15:00                |  |
| Day 1    | Safe<br>patient<br>handling<br>and<br>mobility:<br>Part I | Safe<br>patient<br>handling<br>and<br>mobility:<br>Part II | Break             | Risk factors<br>of pressure<br>injury  | Pressure<br>Injury<br>Prevention<br>strategies | Use of<br>mobility<br>assistive<br>devices  | Break           | Patient<br>Positioning:<br>Part I          | Patient Positioning: Part II |  |
|          | Instructor:   | Instructor:  |                   | Instructor:                            | Instructor:                                    | Instructor:                                 |                 | Instructor:                                | Instructor:                  |  |
|          | Venue:  | Instructor:  |                   | Venue:                                 | Venue:   | Venue:                                      |                 | Venue:                                     | Venue:                       |  |
| Day 2    | Moving a<br>patient in<br>Bed                             | Patient Repositioning in bed                               | Break             | Transferring patient from bed to chair | Transferring patient from chair to bed         | Helping a patient to Use a Portable Commode | Break           | Wrap up & Summary Points: Group Discussion | Quiz 4                       |  |
|          | Instructor:   | Instructor:  |                   | Instructor:                            | Instructor:                                    | Instructor:                                 |                 | Instructor:                                | Instructor:                  |  |
|          | Venue:  | Venue:   |                   | Venue:                                 | Venue:   | Venue:                                      |                 | Venue:                                     | Venue:                       |  |
| Day 3    | Placement   | nical<br>/Simulation<br>ab                                 | Break             | Clinical Pla                           | acement/Simula                                 | ation Lab                                   | Break           | Clinical P                                 | Placement/Simulation Lab     |  |
| Day 4    | Placement   | nical<br>/Simulation<br>ab                                 | Break             | Clinical Pla                           | acement/Simula                                 | ation Lab                                   | Break           | Clinical P                                 | Placement/Simulation Lab     |  |
| Day 5    | Clinical 5 Placement/Simulation Bro                       |  | Break             | Clinical Placement/Simulation Lab      |  |   | Break           | Clinical Placement/Simulation Lab          |                              |  |

<sup>\*</sup>Training centers have the flexibility to modify the scheduled days for theory and clinical sessions



| M        | odule 4: Fu                      | ndamentals o                                      |                   | ding care b<br>Weeks: 5                      | y the PCT in t   | : <b>he ambulato</b><br>Date:   | ory and i       | npatient ca   | re settings                      |
|----------|----------------------------------|---|-------------------|--|--|---|-----------------|---|----------------------------------|
| Day/Time | 7:00 –<br>8:00                   | 8:00 – 9:00                                       | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                              | 10:00 –<br>11:00   | 11:00 –<br>12:00  | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00                    |
| Day 1    | Assisting patients in walking    | Use of<br>mechanical<br>lifting device            | Break             | Use of<br>elastic<br>stocking                | Use of Pneumatic Compression device  | Use of Pneumatic Compression device   | Break           | Patient's<br>Nutrition                                    | Factors affecting dietary intake |
|          | Instructor:                      | Instructor:                                       |                   | Instructor:                                  | Instructor:  | Instructor:   |                 | Instructor:   | Instructor:                      |
|          | Venue:                           | Instructor:                                       |                   | Venue:                                       | Venue:   | Venue:  |                 | Venue:  | Venue:                           |
| Day 2    | Types of<br>therapeutic<br>diets | Measurement<br>of dietary<br>intake and<br>output | Break             | Assisting the patient in eating and drinking | Role of PCT<br>in caring of<br>patients<br>receiving<br>enteral<br>feeding | Role of PCT<br>in caring of<br>patients<br>receiving<br>Parenteral<br>feeding | Break           | Wrap-up<br>&<br>Summary<br>Points:<br>Group<br>Discussion | Quiz 5                           |
|          | Instructor:                      | Instructor:                                       |                   | Instructor:                                  | Instructor:  | Instructor:   |                 | Instructor:   | Instructor:                      |
|          | Venue:                           | Venue:  |                   | Venue:                                       | Venue:   | Venue:  |                 | Venue:  | Venue:                           |
| Day 3    |                                  | inical<br>Simulation Lab                          | Break             | Clinical                                     | Placement/Simu   | ılation Lab   | Break           | Clinical P  | lacement/Simulation Lab          |
| Day 4    |                                  | inical<br>Simulation Lab                          | Break             | Clinical Placement/Simulation Lab            |  |   | Break           | Clinical P  | lacement/Simulation Lab          |
| Day 5    |                                  | inical<br>Simulation Lab                          | Break             | Clinical                                     | Placement/Simu   | ulation Lab   | Break           | Clinical P  | lacement/Simulation Lab          |

<sup>\*</sup>Training centers have the flexibility to modify the scheduled days for theory and clinical sessions



|          | Module 4: I   | Fundamenta  | ls of pr          | oviding care  <br>Week :6  | by the PCT in                                       | the ambulat<br>Date:                                | ory and         | inpatient care se              | ettings                     |
|----------|---|---|-------------------|--|---|---|-----------------|--------------------------------|-----------------------------|
| Day/Time | 7:00 –<br>8:00  | 8:00 –<br>9:00  | 9:00<br>-<br>9:15 | 9:15 –<br>10:00  | 10:00 –<br>11:00                                    | 11:00 –<br>12:00                                    | 12:00-<br>13:00 | 13:00 – 14:00                  | 14:00 – 15:00               |
| Day 1    | Introduction<br>to normal<br>urinary<br>Elimination:<br>Part I      | Introduction<br>to Normal<br>Urinary<br>Elimination:<br>Part II     | Break             | Urinary<br>Incontinence  | Care of<br>patients<br>with urinary<br>Incontinence | Care of<br>patients<br>with urinary<br>Incontinence | Break           | Bladder Training               | Bladder Training<br>Methods |
|          | Instructor:   | Instructor:   |                   | Instructor:  | Instructor:   | Instructor:   |                 | Instructor:                    | Instructor:                 |
|          | Venue:  | Instructor:   |                   | Venue:   | Venue:  | Venue:  |                 | Venue:                         | Venue:                      |
| Day 2    | PCT's role in caring for patients with indwelling urinary catheters | PCT's role in caring for patients with indwelling urinary catheters | Break             | Applying<br>Condom<br>Catheter   | Care of patients with condom catheters              | Care of patients with condom catheters              | Break           | Completion of<br>Online Module | Quiz 6                      |
|          | Instructor:   | Instructor:   |                   | Instructor:  | Instructor:   | Instructor:   |                 | Instructor:                    | Instructor:                 |
|          | Venue:  | Venue:  |                   | Venue:   | Venue:  | Venue:  |                 | Venue:                         | Venue:                      |
| Day 3    | Clir<br>Placement/Si  |   | Break             | Clinical P   | lacement/Simul                                      | ation Lab   | Break           | Clinical Placeme               | ent/Simulation Lab          |
| Day 4    | Clir<br>Placement/Si  |   | Break             | eak Clinical Placement/Simulation Lab Break Clinical Placement/Simulation  |   |   |                 | ent/Simulation Lab             |                             |
| Day 5    | Clir<br>Placement/Si  |   | Break             | reak Clinical Placement/Simulation Lab Break Clinical Placement/Simulation |   |   |                 | ent/Simulation Lab             |                             |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|          | Module 4: Funda  | amentals of I   |                                  | ng care by t<br>'eek :7                      | he PCT in tl                               | ne ambulato<br>Date:                       | ory and i                         | inpatient ca                             | re settings                        |
|----------|--|---|----------------------------------|--|--|--|-----------------------------------|--|------------------------------------|
| Day/Time | 7:00 – 8:00  | 8:00 –<br>9:00  | 9:00<br>-<br>9:15                | 9:15 –<br>10:00                              | 10:00 –<br>11:00                           | 11:00 –<br>12:00                           | 12:00-<br>13:00                   | 13:00 –<br>14:00                         | 14:00 – 15:00                      |
| Day 1    | Assisting patients in using a toilet                   | Assisting patients to use the toilet                          |                                  | Measuring<br>Urine<br>output                 | Obtaining<br>Urine<br>specimen:<br>Part I  | Obtaining<br>Urine<br>specimen:<br>Part II | Break                             | Emptying a<br>urinary<br>drainage<br>bag | Emptying a urinary<br>drainage bag |
|          | Instructor:  | Instructor:   |                                  | Instructor:                                  | Instructor:                                | Instructor:                                |                                   | Instructor:                              | Instructor:                        |
|          | Venue:   | Instructor:   |                                  | Venue:                                       | Venue:                                     | Venue:                                     |                                   | Venue:                                   | Venue:                             |
| Day 2    | Introduction to<br>normal bowel<br>elimination: Part I | Introduction<br>to Normal<br>Bowel<br>Elimination:<br>Part II | Break                            | Factors<br>affecting<br>bowel<br>elimination | Promoting Comfort during bowel elimination | Promoting Comfort during bowel elimination | Break                             | Completion<br>of Online<br>Module        | Quiz 7                             |
|          | Instructor:  | Instructor:   |                                  | Instructor:                                  | Instructor:                                | Instructor:                                |                                   | Instructor:                              | Instructor:                        |
|          | Venue:   | Venue:  |                                  | Venue:                                       | Venue:                                     | Venue:                                     |                                   | Venue:                                   | Venue:                             |
| Day 3    | Clinical Placement/S                                   | imulation Lab   | Break                            | Clinical Pl                                  | acement/Simu                               | lation Lab                                 | Break                             | Clinical Pla                             | acement/Simulation Lab             |
| Day 4    | Clinical Placement/Simulation Lab                      |   |                                  | Clinical Pl                                  | acement/Simu                               | lation Lab                                 | Break                             | Clinical Placement/Simulation Lab        |                                    |
| Day 5    | Clinical Placement/S                                   | Break   | Clinical Placement/Simulation La |  | lation Lab                                 | Break                                      | Clinical Placement/Simulation Lab |  |                                    |



|          | Module 4: Fundamentals of providing care by the PCT in the ambulatory and inpatient care settings  Week :8  Date: |  |                   |                                    |                                     |   |                 |   |                                      |  |  |  |
|----------|---|--|-------------------|------------------------------------|-------------------------------------|---|-----------------|---|--------------------------------------|--|--|--|
| Day/Time | 7:00 – 8:00   | 8:00 –<br>9:00   | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                    | 10:00 –<br>11:00                    | 11:00 –<br>12:00                              | 12:00-<br>13:00 | 13:00 –<br>14:00                          | 14:00 – 15:00                        |  |  |  |
| Day 1    | Common bowel<br>elimination<br>problems: Part I   | Common<br>bowel<br>elimination<br>problems:<br>Part II | Break             | Assisting patient using the bedpan | Assisting patient using the bedpan  | Assisting patients using the portable commode | Break           | Obtaining<br>stool<br>specimen:<br>Part I | Obtaining stool<br>specimen: Part II |  |  |  |
|          | Instructor:   | Instructor:  |                   | Instructor:                        | Instructor:                         | Instructor:                                   |                 | Instructor:                               | Instructor:                          |  |  |  |
|          | Venue:  | Instructor:  |                   | Venue:                             | Venue:                              | Venue:  |                 | Venue:                                    | Venue:                               |  |  |  |
| Day 2    | Care of patients<br>with common<br>elimination<br>problems: Part I  | Care of patients with common elimination problems:     | Break             | Introduction<br>to Ostomy<br>Care  | Changing<br>an ostomy<br>appliances | Changing<br>an ostomy<br>appliances           | Break           | Completion of<br>Online Module            | Quiz 8                               |  |  |  |
|          | Instructor:   | Instructor:  |                   | Instructor:                        | Instructor:                         | Instructor:                                   |                 | Instructor:                               | Instructor:                          |  |  |  |
|          | Venue:  | Venue:   |                   | Venue:                             | Venue:                              | Venue:  |                 | Venue:                                    | Venue:                               |  |  |  |
| Day 3    | Clinical Placement/Si   | mulation Lab   | Break             | Clinical Pla                       | cement/Simul                        | ation Lab                                     | Break           | Clinical Place                            | ement/Simulation Lab                 |  |  |  |
| Day 4    | Clinical Placement/Simulation Lab   |  |                   | Clinical Pla                       | Clinical Placement/Simulation Lab   |   |                 | Clinical Placement/Simulation Lab         |                                      |  |  |  |
| Day 5    | Clinical Placement/Si   | mulation Lab   | Break             | Clinical Pla                       | cement/Simul                        | ation Lab                                     | Break           | Clinical Place                            | ement/Simulation Lab                 |  |  |  |

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# Module 4: Fundamentals of providing care by the PCT in the ambulatory and inpatient care settings

Week:9 Date:

| Day/Time | 7:00 –<br>8:00  | 8:00 - 9:00   | 9:00<br>-<br>9:15 | 9:15 – 10:00                              | 10:00 –<br>11:00                                   | 11:00 –<br>12:00                                  | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00                                |
|----------|---|---|-------------------|---|--|---|-----------------|---|--|
| Day 1    | Patient's<br>admission,<br>discharge<br>and<br>transfer<br>Procedure:<br>Part I | Patient's<br>admission,<br>discharge and<br>transfer<br>Procedure: Part<br>II | Break             | PCT Role in patient's admission procedure | PCT Role in<br>patient's<br>admission<br>procedure | PCT Role in<br>patient's<br>Transfer<br>procedure | Break           | PCT Role<br>in<br>patient's<br>Transfer<br>procedure      | PCT Role in patient's<br>Discharge procedure |
|          | Instructor:   | Instructor:   |                   | Instructor:                               | Instructor:  | Instructor:                                       |                 | Instructor:   | Instructor:                                  |
|          | Venue:  | Instructor:   |                   | Venue:                                    | Venue:   | Venue:  |                 | Venue:  | Venue:                                       |
| Day 2    | PCT Role<br>in<br>patient's<br>Discharge<br>procedure                           | Therapeutic<br>Communication<br>Part I  | Break             | Therapeutic<br>Communication<br>Part II   | Completion<br>of Online<br>Module                  | Completion<br>of Online<br>Module                 | Break           | Wrap-up<br>&<br>Summary<br>Points:<br>Group<br>Discussion | Quiz 9                                       |
|          | Instructor:   | Instructor:   |                   | Instructor:                               | Instructor:  | Instructor:                                       |                 | Instructor:   | Instructor:                                  |
|          | Venue:  | Venue:  |                   | Venue:                                    | Venue:   | Venue:  |                 | Venue:  | Venue:                                       |
| Day 3    | Clinical Place  | ement/Simulation<br>Lab   | Break             | Clinical Placement/Simulation Lab         |  | Break   | Clinical F      | Placement/Simulation Lab                                  |  |
| Day 4    | Clinical Place  | ement/Simulation<br>Lab   | Break             | Clinical Plac                             | ement/Simulat                                      | ion Lab   | Break           | Clinical F  | Placement/Simulation Lab                     |
| Day 5    | Clinical Placement/Simulation<br>Lab  |   | Break             | Clinical Placement/Simulation Lab         |  | Break   | Clinical F      | Placement/Simulation Lab                                  |  |

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Module 5: Special Care Situations Duration: 8 weeks

|          | Module 5: Special Care Situations  Week :1 Date:                                  |   |                   |                                   |  |   |                 |  |                                 |  |  |  |
|----------|---|---|-------------------|-----------------------------------|--|---|-----------------|--|---------------------------------|--|--|--|
| Day/Time | 7:00 – 8:00   | 8:00 – 9:00   | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 –<br>11:00                                 | 11:00 –<br>12:00  | 12:00-<br>13:00 | 13:00 –<br>14:00   | 14:00 – 15:00                   |  |  |  |
| Day 1    | General<br>childhood<br>responses to<br>illness,<br>injury and<br>hospitalization | Factors affecting a child's response to illness, injury and hospitalization                   | Break             | Caring for infants and children   | Signs and<br>Symptoms<br>of Illness<br>in Babies | Managing<br>common<br>childhood<br>reactions to<br>illness,<br>injury or<br>hospitalization | Break           | Effect of<br>chronic<br>illness on<br>children<br>and family | Promoting Safety and<br>Comfort |  |  |  |
|          | Instructor:   | Instructor:   |                   | Instructor:                       | Instructor:                                      | Instructor:   |                 | Instructor:  | Instructor:                     |  |  |  |
|          | Venue:  | Instructor:   |                   | Venue:                            | Venue:   | Venue:  |                 | Venue:   | Venue:                          |  |  |  |
| Day 2    | Specific care Responsibilities: Obtaining Vital Signs and Other Measurements 1    | Specific care<br>Responsibilities:<br>Obtaining Vital<br>Signs and Other<br>Measurements<br>2 | Break             | Meeting<br>Hygiene<br>Needs       | Ensuring<br>Nutrition                            | Wrap-up &<br>Summary<br>Points: Group<br>Discussion   | Break           | Completion<br>of the<br>online<br>module                     | Quiz 1                          |  |  |  |
|          | Instructor:   | Instructor:   |                   | Instructor:                       | Instructor:                                      | Instructor:   |                 | Instructor:  | Instructor:                     |  |  |  |
|          | Venue:  | Venue:  |                   | Venue:                            | Venue:   | Venue:  |                 | Venue:   | Venue:                          |  |  |  |
| Day 3    |   |   | Break             | Clinical                          | Clinical Placement/Simulation Lab                |   |                 | Clinical Placement/Simulation Lab                            |                                 |  |  |  |
| Day 4    | Clinical Placement/Simulation Lab   |   |                   | Clinical                          | Placement/Sir                                    | mulation Lab  | Break           | Clinical Placement/Simulation Lab                            |                                 |  |  |  |
| Day 5    | y 5 Clinical Placement/Simulation Lab   |   | Break             | Clinical Placement/Simulation Lab |  | Break   | Clinical Pla    | acement/Simulation Lab                                       |                                 |  |  |  |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|          | Module 5: Special Care Situations  Week: 2  Date:          |                              |                   |                                   |   |  |                 |   |                          |  |  |  |
|----------|--|------------------------------|-------------------|-----------------------------------|---|--|-----------------|---|--------------------------|--|--|--|
| Day/Time | 7:00 – 8:00  | 8:00 – 9:00                  | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 –<br>11:00                                | 11:00 –<br>12:00                         | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00            |  |  |  |
| Day 1    | Differences<br>between acute and<br>chronic conditions     | Understanding cancer disease | Break             | Cancer<br>Signs and<br>Symptoms   | Cancer<br>Risk<br>Factors                       | Cancer<br>Treatment                      | Break           | Promoting<br>Safety and<br>Comfort                            | Cancer Patients' Needs   |  |  |  |
|          | Instructor:  | Instructor:                  |                   | Instructor:                       | Instructor:                                     | Instructor:                              |                 | Instructor:   | Instructor:              |  |  |  |
|          | Venue:   | Instructor:                  |                   | Venue:                            | Venue:  | Venue:                                   |                 | Venue:  | Venue:                   |  |  |  |
| Day 2    | Immune System:<br>Body Structure and<br>Function<br>Review | Autoimmune<br>Disorders      | Break             | HIV/AIDS                          | AIDS—<br>Stages<br>and Signs<br>and<br>Symptoms | Caring for<br>the<br>Person<br>With AIDS | Break           | Promoting<br>Safety and<br>Comfort<br>for Person<br>with AIDS | Quiz 2                   |  |  |  |
|          | Instructor:  | Instructor:                  |                   | Instructor:                       | Instructor:                                     | Instructor:                              |                 | Instructor:   | Instructor:              |  |  |  |
|          | Venue:   | Venue:                       |                   | Venue:                            | Venue:  | Venue:                                   |                 | Venue:  | Venue:                   |  |  |  |
| Day 3    | Clinical Placement/  | Simulation Lab               | Break             | Break Clinical Placement/Sim      |   | ulation Lab                              | Break           | Clinical F  | Placement/Simulation Lab |  |  |  |
| Day 4    | Clinical Placement/Simulation Lab                          |                              |                   | Clinical Pla                      | acement/Simu                                    | ulation Lab                              | Break           | Clinical F  | Placement/Simulation Lab |  |  |  |
| Day 5    | 5 Clinical Placement/Simulation Lab                        |                              |                   | Clinical Placement/Simulation Lab |   |  | Break           | Clinical F  | Placement/Simulation Lab |  |  |  |

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|          | Module 5: Special Care Situations  Week :3  Date:           |   |                   |                                   |   |  |                 |   |                         |  |  |  |
|----------|---|---|-------------------|-----------------------------------|---|--|-----------------|---|-------------------------|--|--|--|
| Day/Time | 7:00 – 8:00   | 8:00 – 9:00                                 | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 – 11:00                                       | 11:00 –<br>12:00   | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00           |  |  |  |
| Day 1    | Nervous System:<br>Body Structure<br>and Function<br>Review | The Central<br>Nervous<br>System:<br>Strock | Break             | Stroke<br>Care<br>Measures        | Parkinson's<br>Disease                              | Multiple<br>Sclerosis  | Break           | Head<br>Injuries  | Spinal Cord Injury      |  |  |  |
|          | Instructor:   | Instructor:                                 |                   | Instructor:                       | Instructor:   | Instructor:  |                 | Instructor:   | Instructor:             |  |  |  |
|          | Venue:  | Instructor:                                 |                   | Venue:                            | Venue:  | Venue:   |                 | Venue:  | Venue:                  |  |  |  |
| Day 2    | The Musculo-<br>Skeletal System:<br>Body system<br>review   | Arthritis and<br>Osteoporosis               | Break             | Fractures                         | Care After<br>Joint<br>Replacement—<br>Hip and Knee | Care of persons in casts, in traction, and with hip fractures. | Break           | Wrap-up<br>&<br>Summary<br>Points:<br>Group<br>Discussion | Quiz 3                  |  |  |  |
|          | Instructor:   | Instructor:                                 |                   | Instructor:                       | Instructor:   | Instructor:  |                 | Instructor:   | Instructor:             |  |  |  |
|          | Venue:  | Venue:                                      |                   | Venue:                            | Venue:  | Venue:   |                 | Venue:  | Venue:                  |  |  |  |
| Day 3    | Clinical Placemer<br>Lab                                    |   | Break             | Clinical                          | Placement/Simula                                    | tion Lab   | Break           | Clinical P  | lacement/Simulation Lab |  |  |  |
| Day 4    | Clinical Placemer<br>Lab                                    | •   | Break             | Clinical Placement/Simulation Lab |   |  | Break           | Clinical Placement/Simulation Lab                         |                         |  |  |  |
| Day 5    | Clinical Placemer<br>Lab                                    | •   | Break             | Clinical                          | Placement/Simula                                    | tion Lab   | Break           | Clinical P  | lacement/Simulation Lab |  |  |  |

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|   | Module 5: Special Care Situations                   |   |                                   |  |                  |                               |                 |  |                                   |
|---|---|---|-----------------------------------|--|------------------|-------------------------------|-----------------|--|-----------------------------------|
|   |   |   |                                   | Week: 4                                      |                  | Date:                         |                 |  |                                   |
| Day/Time                                | 7:00 – 8:00   | 8:00 - 9:00   | 9:00<br>-<br>9:15                 | 9:15 – 10:00                                 | 10:00 –<br>11:00 | 11:00 –<br>12:00              | 12:00-<br>13:00 | 13:00 –<br>14:00                           | 14:00 – 15:00                     |
| Day 1                                   | The<br>Cardiovascular:<br>body system<br>review     | Cardiovascular Disorders: Focus on Children and Older Persons | Break                             | Cardiovascular<br>Disorders—<br>Risk Factors | Hypertension     | Coronary<br>Artery<br>Disease | Break           | Angina<br>and<br>Myocardial<br>Infarction  | Heart Failure and<br>Dysrhythmias |
|   | Instructor:   | Instructor:   |                                   | Instructor:                                  | Instructor:      | Instructor:                   |                 | Instructor:                                | Instructor:                       |
|   | Venue:  | Instructor:   |                                   | Venue:                                       | Venue:           | Venue:                        |                 | Venue:                                     | Venue:                            |
| Day 2                                   | The<br>Respiratory<br>System: Body<br>system review | Chronic<br>Obstructive<br>Pulmonary<br>Disease                | Break                             | Asthma                                       | Sleep Apnea      | Pneumonia                     | Break           | Wrap up & Summary Points: Group Discussion | Quiz 4                            |
|   | Instructor:   | Instructor:   |                                   | Instructor:                                  | Instructor:      | Instructor:                   |                 | Instructor:                                | Instructor:                       |
|   | Venue:  | Venue:  |                                   | Venue:                                       | Venue:           | Venue:                        |                 | Venue:                                     | Venue:                            |
| Day 3 Clinical Placement/Simulation Lab |   | Break   | Clinical Placement/Simulation Lab |  |                  | Break                         | Clinical Pla    | cement/Simulation Lab                      |                                   |
| Day 4                                   | Clinical Placement/Simulation Bre                   |   | Break                             | Clinical Placement/Simulation Lab            |                  |                               | Break           | Clinical Placement/Simulation Lab          |                                   |
| Day 5                                   | Clinical Placem<br>La                               | •   | Break                             | Clinical Placement/Simulation Lab            |                  |                               | Break           | Clinical Pla                               | cement/Simulation Lab             |

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|          | Module 5: Special Care Situations                    |   |   |                                   |                        |  |                                 |  |                    |
|----------|--|---|---|-----------------------------------|------------------------|--|---------------------------------|--|--------------------|
|          |  |   |   | eeks: 5                           |                        | Date:  |                                 |  |                    |
| Day/Time | 7:00 – 8:00  | 8:00 –<br>9:00  | 9:00<br>-<br>9:15   | 9:15 –<br>10:00                   | 10:00 –<br>11:00       | 11:00 –<br>12:00   | 12:00-<br>13:00                 | 13:00 – 14:00                                    | 14:00 – 15:00      |
| Day 1    | The Digestive<br>System: body<br>system review       | Gastro-<br>Esophageal<br>Reflux<br>Disease<br>and<br>Vomiting | phageal lux Bowel Disease Inflammatory Bowel Disease Break Disease Safety and Comfort for Hepatitis Break |                                   | Break                  | Cirrhosis  | Completion of<br>Online Modules |  |                    |
|          | Instructor:  | Instructor:   |   | Instructor:                       | Instructor:            | Instructor:  |                                 | Instructor:                                      | Instructor:        |
|          | Venue:   | Instructor:   |   | Venue:                            | Venue:                 | Venue:   |                                 | Venue:   | Venue:             |
| Day 2    | The Endocrine<br>System (Pancreas):<br>System review | Diabetes:<br>Types,<br>signs and<br>symptoms                  | Break   | Diabetes:<br>complications        | Diabetes:<br>Treatment | Diabetes:<br>focus on<br>child,<br>person,<br>Family,<br>and<br>Yourself | Break                           | Wrap up &<br>Summary Points:<br>Group Discussion | Quiz 5             |
|          | Instructor:  | Instructor:   |   | Instructor:                       | Instructor:            | Instructor:  |                                 | Instructor:                                      | Instructor:        |
|          | Venue:   | Venue:  |   | Venue:                            | Venue:                 | Venue:   |                                 | Venue:   | Venue:             |
| Day 3    | Day 3  Clinical Placement/Simulation Lab             |   | Break   | Clinical Placement/Simulation Lab |                        |  | Break                           | Clinical Placeme                                 | ent/Simulation Lab |
| Day 4    | Day 4 Clinical Placement/Simulation Lab              |   | Break   | Clinical Placement/Simulation Lab |                        |  | Break                           | Clinical Placeme                                 | ent/Simulation Lab |
| Day 5    | Clinical Placement/Simulation<br>Lab                 |   | Break   | Clinical Placement/Simulation Lab |                        |  | Break                           | Clinical Placeme                                 | ent/Simulation Lab |

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|          |   |                                |                   | Module 5: S                       | pecial Care                                 |   |                 |  |                                 |
|----------|---|--------------------------------|-------------------|-----------------------------------|---|---|-----------------|--|---------------------------------|
| Day/Time | 7:00 – 8:00   | 8:00 –<br>9:00                 | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 –<br>11:00                            | Date:<br>11:00 –<br>12:00                       | 12:00-<br>13:00 | 13:00 –<br>14:00                         | 14:00 – 15:00                   |
| Day 1    | The Urinary<br>System: Body<br>structure and<br>function review | Urinary<br>Tract<br>Infections | Break             | Prostate<br>Enlargement           | Kidney<br>Stones                            | Kidney<br>Failure                               | Break           | Kidney<br>Failure—<br>Care<br>Measures   | Completion of Online<br>Modules |
|          | Instructor:   | Instructor:                    |                   | Instructor:                       | Instructor:                                 | Instructor:                                     |                 | Instructor:                              | Instructor:                     |
|          | Venue:  | Instructor:                    |                   | Venue:                            | Venue:                                      | Venue:  |                 | Venue:                                   | Venue:                          |
| Day 2    | Mental Health<br>Disorders: Key<br>terms                        | Mental<br>Health<br>Disorders  | Break             | Anxiety<br>Disorders              | Generalized Anxiety Disorder Panic Disorder | Obsessive-<br>Compulsive<br>Disorder<br>Phobias | Break           | Post-<br>Traumatic<br>Stress<br>Disorder | Psychotic Disorders             |
|          | Instructor:   | Instructor:                    |                   | Instructor:                       | Instructor:                                 | Instructor:                                     |                 | Instructor:                              | Instructor:                     |
|          | Venue:  | Venue:                         |                   | Venue:                            | Venue:                                      | Venue:  |                 | Venue:                                   | Venue:                          |
| Day 3    | Day 3 Clinical Placement/Simulation Lab                         |                                | Break             | Clinical Placement/Simulation Lab |   | Break   | Clinical        | Placement/Simulation Lab                 |                                 |
| Day 4    | Clinical Placement,<br>Lab                                      | cal Placement/Simulation Lab   |                   | Clinical Placement/Simulation Lab |   | Break   | Clinical        | Placement/Simulation Lab                 |                                 |
| Day 5    | Day 5 Clinical Placement/Simulation Lab Brea                    |                                | Break             | Clinical Placement/Simulation Lab |   |   | Break           | Clinical                                 | Placement/Simulation Lab        |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|          | Module 5: Special Care Situations                 |                          |                   |                                   |                  |  |                 |                                       |                                    |
|----------|---|--------------------------|-------------------|-----------------------------------|------------------|--|-----------------|---------------------------------------|------------------------------------|
|          | Week :7 Date:                                     |                          |                   |                                   |                  |  |                 |                                       |                                    |
| Day/Time | 7:00 – 8:00                                       | 8:00 –<br>9:00           | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 –<br>11:00 | 11:00 –<br>12:00   | 12:00-<br>13:00 | 13:00 –<br>14:00                      | 14:00 – 15:00                      |
| Day 1    | Mood Disorders:<br>Bipolar Disorder<br>Depression | Personality<br>Disorders |                   | Substance<br>Use<br>Disorder      | Addiction        | Eating<br>Disorders  | Break           | Suicide                               | Completion of the online<br>module |
|          | Instructor:                                       | Instructor:              |                   | Instructor:                       | Instructor:      | Instructor:  |                 | Instructor:                           | Instructor:                        |
|          | Venue:  | Instructor:              |                   | Venue:                            | Venue:           | Venue:   |                 | Venue:                                | Venue:                             |
| Day 2    | Confusion and<br>Dementia: Key<br>terms           | Confusion                | Break             | Delirium                          | Dementia         | Mild<br>Cognitive<br>Impairment:<br>Alzheimer's<br>Disease | Break           | Care of Persons with AD and Dementias | Quiz 6                             |
|          | Instructor:                                       | Instructor:              |                   | Instructor:                       | Instructor:      | Instructor:  |                 | Instructor:                           | Instructor:                        |
|          | Venue:  | Venue:                   |                   | Venue:                            | Venue:           | Venue:   |                 | Venue:                                | Venue:                             |
| Day 3    | Day 3 Clinical Placement/Simulation Lab           |                          |                   | Clinical P                        | lacement/Sim     | ulation Lab  | Break           | Clinical I                            | Placement/Simulation Lab           |
| Day 4    | Day 4 Clinical Placement/Simulation Lab           |                          | Break             | Clinical Placement/Simulation Lab |                  |  | Break           | Clinical Placement/Simulation Lab     |                                    |
| Day 5    | Day 5 Clinical Placement/Simulation Lab           |                          | Break             | Clinical Placement/Simulation Lab |                  |  | Break           | Clinical Placement/Simulation Lab     |                                    |



|   | Module 5: Special Care Situations       |                     |                   |                                   |                           |   |                 |   |                                 |
|---|---|---------------------|-------------------|-----------------------------------|---------------------------|---|-----------------|---|---------------------------------|
|   |   |                     | W                 | eek :8                            |                           | Date:   |                 |   |                                 |
| Day/Time                                | 7:00 – 8:00                             | 8:00 –<br>9:00      | 9:00<br>-<br>9:15 | 9:15 –<br>10:00                   | 10:00 –<br>11:00          | 11:00 –<br>12:00                                      | 12:00-<br>13:00 | 13:00 –<br>14:00  | 14:00 – 15:00                   |
| Day 1                                   | End-of-Life Care: key<br>terms          | Terminal<br>Illness | Break             | Attitudes<br>About<br>Death       | The<br>Stages of<br>Dying | End of life<br>Comfort<br>Needs:<br>Physical<br>Needs | Break           | End of life<br>Comfort<br>Needs: Mental<br>and Emotional<br>Needs | Completion of Online<br>Modules |
|   | Instructor:                             | Instructor:         |                   | Instructor:                       | Instructor:               | Instructor:   |                 | Instructor:   | Instructor:                     |
|   | Venue:                                  | Instructor:         |                   | Venue:                            | Venue:                    | Venue:  |                 | Venue:  | Venue:                          |
| Day 2                                   | End of life care: Legal<br>Issues       | Signs of<br>Death   | Break             | Care of the Body After Death      |                           |   | Break           | Wrap up & Summary Points: Group Discussion                        | Quiz 7                          |
|   | Instructor:                             | Instructor:         |                   | Instructor:                       | Instructor:               | Instructor:   |                 | Instructor:   | Instructor:                     |
|   | Venue:                                  | Venue:              |                   | Venue:                            | Venue:                    | Venue:  |                 | Venue:  | Venue:                          |
| Day 3 Clinical Placement/Simulation Lab |   | Break               | Clinical Pla      | acement/Simu                      | ılation Lab               | Break   | Clinical Place  | ement/Simulation Lab  |                                 |
| Day 4 Clinical Placement/Simulation Lab |   |                     | Break             | Clinical Placement/Simulation Lab |                           |   | Break           | Clinical Placement/Simulation Lab                                 |                                 |
| Day 5                                   | Day 5 Clinical Placement/Simulation Lab |                     |                   | Clinical Placement/Simulation Lab |                           |   | Break           | Clinical Place  | ement/Simulation Lab            |

<sup>\*</sup>Training centers have the flexibility to modify the schedule days for theory and clinical sessions



|           |  |  |                | Module 6:   |  |   |   |                                   |   |
|-----------|--|--|----------------|---|--|---|---|-----------------------------------|---|
|           |  |  |                | Week 1 Date:  |  |   |   |                                   |   |
| Day/Time  | 7:00 – 8:00  | 8:00 – 9:00                                | 9:00 –<br>9:15 | 9:15 – 10:00  | 10:00 -<br>11:00   | 11:00 – 12:00   | 12:00-<br>13:00   | 13:00 –<br>14:00                  | 14:00 –<br>15:00  |
| Sunday    | PCT Scope of<br>Practice   | Employee Rights<br>and<br>Responsibilities | BREAK          | Plan a job<br>search.<br>Identifying the<br>Right Job for You<br>Identifying Job<br>Opportunities | Prepare a résumé, reference list and cover letter. Preparing a Résumé Preparing a Reference List | Hands on<br>training on<br>how to<br>prepare<br>resume,<br>reference<br>list, and<br>cover letter | BREAK   | Completion<br>of Online<br>Module | Review all<br>resume,<br>reference<br>list, and<br>cover letter |
|           | Instructor:  | Instructor:                                |                | Instructor:   | Instructor:  | Instructor:   |   | Instructor:                       | Instructor:   |
|           | Venue:   | Venue:                                     |                | Venue:  | Venue:   | Venue:  | 1   | Venue:                            | Venue:  |
| Monday    | Describe the job<br>application process.<br>Submitting Job<br>Applications                 | Interview<br>effectively.                  | BREAK          | Professional<br>Development<br>and career<br>advancement  | Employee<br>self-care  | Time<br>management  | BREAK   | Completion<br>of Online<br>Module | Quiz  |
|           | Instructor:  | Instructor:                                |                | Instructor:   | Instructor:  | Instructor:   | ]   | Instructor:                       | Instructor:   |
|           | Venue:   | Venue:                                     |                | Venue:  | Venue:   | Venue:  |   | Venue:                            | Venue:  |
| Tuesday   | Accept or decline a job offer.   |  | Break          | Role plays and train<br>mock interview wit<br>Hands on traini<br>a job offer                      | th all trainees  | ew by making a  | BREAK   | Completion<br>of Online<br>Module | Quiz  |
| Wednesday | Know what to expect during your first few days on the job. Pre-placement Health Evaluation |  | BREAK          | Orientation<br>Probationary Period  |  | BREAK   | Completion of<br>Module<br>Assignment<br>Group activitie<br>Discussions |                                   |   |
| Thursday  | Revision   |  | BREAK          | Personal Office Questions and Answers   |  |   | BREAK   | Completion of<br>Module           | Online  |



# **Internship:**

| Clinical placement and Mastery of Skills (Internship 20 Weeks) | Full-Time Practicum 8-12 hrs shift   |
|--|--------------------------------------|
| Rotation based<br>(Inpatient/Outpatient)                       | 40 hrs./week X 20                    |
|  | Preceptor- Trainee Ratio: 1:1 or 1:2 |

# **Description:**

The internship (practice field) consists of a 20-week period dedicated to hands-on training. Its primary objective is to foster the development of PCT nursing skills through practical experience. This practicum field period serves as an opportunity to apply the knowledge acquired during the program module and attain mastery of skills. Therefore, by the conclusion of this practicum field, you should have achieved the following:

- Acquired the necessary knowledge and skills to function as a competent PCT with minimal supervision.
- Demonstrated practical expertise consistently throughout the rotations.

# Clinical Assignments/Rotation Plan and Duty Hours

- The clinical duty hours for PCT Interns consist of 40 hours per week, which will be allocated based on the required shifts per Unit, either 8 hours/day or a combination of 12 hours/day shifts.
- PCT Interns are entitled to a one-hour break that includes time for prayer and lunch.
- Attendance at the "patient endorsement" or "patient handover" before and after the assigned shift is mandatory for PCT Interns.
- The Unit Nurse Manager's clinical duty assignments will be strictly followed.
- PCT Interns will receive supervision from the clinical preceptor in collaboration with the clinical instructor and program director.
- Changes in the assigned area of work will only be made after consultation with and approval from the program director, based on necessity or appropriateness.
- Trainees may be rotated in different areas/units, such as inpatient and outpatient settings Isolation rooms, ICUs, Emergency, etc., in accordance with the hospital's training policy and protocols.
- Upon completion of the Program, it is expected that PCT interns will have acquired the necessary skills and knowledge outlined in the PCT curriculum. These competencies are applicable to both ambulatory care and inpatient settings, and interns should demonstrate their ability to achieve and apply them effectively.





# **Maintenance of Professional Appearance**

## 1. Uniform and Dress Code:

- Wear the designated uniform provided by the organization or follow the prescribed dress code policy.
- Ensure that your uniform is clean, well-fitted, and in good condition.
- Adhere to any specific guidelines regarding the use of name badges or identification tags.

# 2. Personal Hygiene:

- Maintain a clean and neat appearance by grooming your hair appropriately.
- Keep your nails short, clean, and free from excessive nail polish or decorations.
- Avoid wearing strong perfumes, colognes, or excessive jewelry that may be distracting or cause allergies.

### 3. Footwear:

- Wear comfortable, closed-toe shoes that are appropriate for the healthcare setting.
- Avoid wearing sandals, flip-flops, or shoes with high heels that may hinder your ability to perform your duties safely.

# 4. Jewelry and Accessories:

- Keep your jewelry to a minimum, wearing only small, non-distracting pieces.
- Avoid wearing excessive or dangling jewelry that may pose a safety risk or interfere with your work.

# 5. Personal Protective Equipment (PPE):

- Follow the organization's guidelines for wearing appropriate PPE based on the specific tasks and patient care activities.
- Ensure that you properly wear and dispose of gloves, masks, gowns, or other protective equipment as required.

# 6. Maintain a Professional Demeanor:

- Demonstrate a positive attitude and maintain a calm and professional demeanor while interacting with patients, colleagues, and other healthcare professionals.
- Practice active listening, effective communication, and respectful behavior at all times.

# Attendance, Lateness, Absences, and Makeup Duty Policy

# 1. Attendance:

- Attendance of PCT trainees will be checked by their respective clinical preceptors and monitored by clinical instructors and the program director.
- PCT trainees are expected to arrive on time at their designated areas.

# 2. Lateness Policy:

- PCT trainees will be considered late if they arrive after the designated time of duty in the clinical unit. For example, if the duty starts at 07:00 AM, arrival between 07:01 AM and 07:30 AM will be considered late.
- Trainees who arrive late must report to the clinical preceptor to be marked as "late" instead of absent. Failure to do so will result in automatic marking as absent. However, they may still be allowed to stay in the clinical area, attend discussions, and continue their clinical duties.



• Two reports of lateness, whether scattered or consecutive, will be equivalent to one unexcused absence.

# 3. Absences Policy:

- PCT interns will be considered absent if they arrive more than 30 minutes after the designated time of duty in the clinical unit. For example, if the duty starts at 07:00 AM, arrival from 07:31 AM onwards will be considered absent.
- The same rules and regulations regarding attendance, lateness, absences, and makeup duty apply to pregnant PCT interns.
- Absences will be considered excused in the event of sudden illness, and PCT interns are entitled to a maximum of 14 excused days of leave throughout the entire PCT program.
- PCT interns are allowed a maximum of 5 unexcused absence days during the entire PCT program.
- In cases where a PCT intern cannot report for clinical duty, they must notify the clinical preceptor and program director in writing, via telephone call, or message at least 4 hours before the scheduled duty time, except in emergency cases.
- Upon returning from an absence, PCT interns should submit a fully substantiated medical certificate from an accepted private hospital, primary care clinic, or government hospital for approval by the program director within 24 hours.

# 4. Makeup Duty:

- PCT interns who have incurred absences during their clinical practice will be required to undergo makeup duty for each unexcused absence, as well as for absences made during scheduled makeup duty.
- Any necessary makeup duties will be scheduled during or at the end of the program.
- It is the responsibility of the PCT intern to arrange for makeup duty to compensate for missed clinical hours, in coordination with the training faculty.





# Assessment and grading system

The grading distribution criteria should be followed for each module of the PCT program, and at the end of the program, the average grade will be calculated.

| Assessment and                     | <b>Evaluation Criteria Implemented During Modules Teaching</b>                 |
|------------------------------------|--|
| Assessment Tools                   | Weight   |
| Attendance <sup>1</sup>            | 5  |
| Quizzes <sup>3</sup>               | 10   |
| Performance Evaluation 2           | 30   |
| Specialized e-learning             | 10   |
| Content <sup>4</sup>               |  |
| Assignments 5                      | 5  |
| 5 Assignments                      |  |
| End of module exam                 | 40   |
| Successful Completion of           | Complete/Incomplete  |
| Logbook <sup>7</sup>               |  |
| Total                              | 100%   |
| Assessment and                     | Evaluation Criteria Implemented During Internship Period                       |
| Internship evaluation <sup>s</sup> | 40   |
| Final Written exam <sup>9</sup>    | 30   |
| Final OSCE Exam <sup>10</sup>      | 30   |
| Total                              | 100%   |
|                                    | End of Program Final Grading   |
| Completion Score <sup>11</sup>     | The average score of the modules teaching assessment and internship            |
| To be eligible to sit in the final | assessment must be $\geq$ 60%, in addition to the successful submission of the |
| SCFHS exam                         | Logbook.   |
| Final Grading after passing        | Pass/Fail (60%)  |
| the SCFHS (OSCE exam)12            |  |

|            | 1. Assessment of Attendance   |
|------------|---|
| Definition | Attendance means the actual presence of the trainees throughout the program (in-person or virtual). Attending the in-person classes and clinical duties without being absent. Trainees are required to attend all classes and clinical duties to get the full grade of attendance. Trainees will be expelled for missing more than 5 absences. Marks will be deducted for missing 1-5 classes, according to HA attendance criteria.   |
| Criteria   | <ul> <li>A report of attendance from training centers should be sent to HA Trainee Affairs (according to HA attendance criteria).</li> <li>Each one day of absence will subtract 1% of the total 5% dedicated to attendance.</li> <li>Final report should be submitted by the program director of all trainees' attendance to the Trainee Affairs (trainee name, mark as (x out of 5) with details of absence (e.g., the days of absence and excused absence if applicable). Note that weekly attendance list is to be sent to HA Trainee Affairs and final report with marks to be sent</li> </ul> |
|            | 2. Performance Evaluation   |
| Definition | Performance evaluation refers to the process of evaluating the trainee's performance and professionalism throughout the program. It involves gathering and analyzing information about trainee's performance, skills, competencies, honesty, integrity, accountability, respect, confidentiality, and adherence to professional codes of ethics and standards.  |
| Criteria   | <ul> <li>Performance evaluation is a formative assessment implemented during the period of the program.</li> <li>The assigned trainer / preceptor will evaluate the trainee according to the preset evaluation criteria following each module (see appendix 1)</li> <li>The Evaluator and trainee are expected to sign the evaluation sheet after each module.</li> <li>To pass the performance evaluation, trainees need to "PASS" all the module evaluation. If the trainee fails to pass, he/she will be given the opportunity to "MAKE-UP" for it,</li> </ul>                                   |



|            | <ul> <li>based on the comments and recommendations provided by the training supervisor on the evaluation sheet.</li> <li>If a module does not include a clinical rotation component (Module 1), any items or criteria in the evaluation tool that are specifically related to clinical performance will be marked as "Not Applicable" (NA).</li> </ul>   |  |  |  |  |  |  |
|------------|--|--|--|--|--|--|--|
|            | 3. Quizzes   |  |  |  |  |  |  |
| Definition | Quizzes refer to brief tests that are used as formative assessment to gauge a trainee's knowledge, comprehension, understanding, or skills on a specific subject or topic. Additionally, they can be used by instructors to monitor trainees progress, tailor instruction, and evaluate the effectiveness of teaching methods.   |  |  |  |  |  |  |
| Criteria   | <ul> <li>Quizzes can be used onsite as well as in online learning platforms.</li> <li>Quizzes can take various formats, including multiple-choice questions, true or false statements, fill-in-the-blank exercises, matching questions, and short answer responses.</li> <li>Quizzes should be administered within a limited time frame 5 to 10 minutes and may cover a specific section of material or a broader range of topics.</li> <li>A minimum of 2 quizzes are required for each module</li> <li>The average score for the total number of conducted quizzes per module will be submitted as the final quizzes score</li> </ul>  |  |  |  |  |  |  |
|            | 4. Specialized e-learning Content  |  |  |  |  |  |  |
| Definition | The specialized e-learning content is the online content posted on the HA Learning Platform. The content supports the on-site training content. Each week, there will be e-learning content posted online that follows the same weekly modules taught on-site.   |  |  |  |  |  |  |
| Criteria   | <ul> <li>Trainees are required to go online and complete the tasks, prompts, and required readings online.</li> <li>Final report will be generated by the e-learning team, and posted online for the Trainees to view their progress.</li> </ul>   |  |  |  |  |  |  |
|            | 5. Assessment of Assignments   |  |  |  |  |  |  |
| Definition | Assignments are the formative assessments implemented during the period of the program. Assignments are required to adhere to the guidelines and description provided in the program curriculum.   |  |  |  |  |  |  |
| Criteria   | <ul> <li>A minimum of 5 assignments required and its an individual work</li> <li>Each assignment will be graded 5 out 5, then the average score for the total number of assignments will be submitted as the final assignment score. (See appendix 2)</li> <li>Faculty report the types of assignments that is include trainee name; number of assignments, time of assignment held on (which week), grading. This report must be included in the trainee's portfolio.</li> <li>Faculty are to plan the required module's assignments as per curriculum outlines, training center policies and protocols or other assignments which can be suggested by the training faculty, options of assignments include but are not limited to: <ul> <li>Mandatory Infection Prevention &amp; Control Practices</li> <li>Electronic Health Record Training</li> <li>Fire Prevention</li> <li>Emergency and Disaster Awareness Course</li> <li>Baby Friendly Hospital</li> <li>Health Quality Related Courses and Activates</li> <li>Basic Life Support Certificate</li> <li>Handling of cytotoxic Material</li> </ul> </li> </ul> |  |  |  |  |  |  |
|            | 6. End of Module Exam  |  |  |  |  |  |  |
| Definition | The "end of module final exam" refers to a comprehensive assessment administered at the conclusion of program modules. It is conducted to evaluate a trainee's overall understanding and mastery of the material covered throughout the module teaching.   |  |  |  |  |  |  |
| Criteria   | <ul> <li>End of module exams can be used on site as well as in online learning platforms.</li> <li>The format of the end of module final exam can take various formats, including multiple-choice questions, true or false statements, fill-in-the-blank exercises, matching questions, and short answer responses.</li> </ul>   |  |  |  |  |  |  |



|                      | <ul> <li>Trainees should have the opportunity to receive feedback on their performance,<br/>understand their strengths and areas for improvement, and have access to a review of<br/>the exam content, if necessary, prior to the final SCHS exam.</li> </ul>  |
|----------------------|--|
|                      | 7. Logbook   |
| Definition           | The logbook is a documentation of the trainee's practicum competencies training.   |
| Criteria             | <ul> <li>Logbook is a requirement, but no numerical grade is given for the completion of modules' competencies (competency checkoff). (See appendix 3)</li> <li>Faculty need to send reports of trainees' completion of the logbook, including trainees who successfully/unsuccessfully completed the logbook.</li> <li>The curriculum guide includes a comprehensive list of detailed competencies for the purpose of check-off assessments.</li> <li>Following each clinical module, it is required to complete the competency check-off process.</li> <li>If a trainee is found to be incompetent in performing a specific procedure, remediation (re-assessment) can be undertaken until the trainee achieves an acceptable level of performance.</li> </ul> |
|                      | 8.Internship evaluation  |
| Definition           | <ul> <li>Internship evaluation refers to the process of assessing and analyzing the performance,<br/>skills, and overall experience of a PCT intern during their internship period. It involves<br/>evaluating various aspects of the trainee's work, such as their knowledge,<br/>competencies, professionalism, communication skills, and ability to meet assigned<br/>tasks and objectives.</li> </ul>  |
| Criteria             | <ul> <li>The evaluation is typically conducted by supervisors, preceptor, or designated evaluators.</li> <li>The performance evaluation criteria No.2 will be used in monthly bases to assess the trainee's performance</li> <li>Trainees should have the opportunity to receive feedback on their performance, understand their strengths and areas for improvement, and have access to review their evaluation.</li> <li>The final score for the internship period will be calculated on a scale of 40%.</li> </ul>  |
|                      | 9. Final Written exam  |
| Definition  Criteria | <ul> <li>A comprehensive exam is an evaluation that assesses a trainee's knowledge and understanding of a wide range of topics or a complete course of study. It is designed to test the trainees' overall comprehension and mastery of all modules outlined.</li> <li>Content Coverage: The exam should cover all the relevant topics, concepts, and</li> </ul>   |
|                      | <ul> <li>learning objectives that were taught throughout the course or program.) See appendix No. 5 Final exam blueprint)</li> <li>Time Management: The exam should be designed in a way that allows trainees to complete it within a reasonable time frame, taking into consideration the complexity and length of the exam.</li> <li>Balance of Difficulty: The exam should include a range of questions or tasks that appropriately challenge trainees at different levels of difficulty, allowing for differentiation among skill levels.</li> </ul>   |
|                      | <ul> <li>The written examination will consist of a single paper containing a minimum of 100 multiple-choice questions (MCQs). Each question will have four options, and the trainee must select the single best answer from the given options.</li> <li>The final score for the final exam will be calculated on a scale of 30%.</li> </ul> 10. Final OSCE Exam  |
| Definition           | <ul> <li>The OSCE (Objective Structured Clinical Examination) is a type of examination to<br/>assess the practical clinical skills and competencies of trainees.</li> </ul>  |
| Criteria             | <ul> <li>It should be a standardized assessment method that evaluates a trainee's ability to perform specific clinical tasks and interact with simulated patients or standardized patients in a controlled setting.</li> <li>The OSCE should consist of a series of stations or stations where trainees rotate through different scenarios or skill stations, completing various tasks or assessments.</li> <li>Each station is designed to assess specific clinical skills / procedures</li> <li>The trainees should be evaluated by trained examiners who use standardized scoring criteria to assess trainees' performance at each station.</li> </ul>  |



|            | The selection of clinical procedures, skills and scenarios can be determined by the   |
|------------|---|
|            | faculty members.  |
|            | The final score for the final OSCE exam will be calculated on a scale of 30%.   |
|            | 11. Completion grade (excluding the SCHS exam)  |
| Definition | The total grade is a sum of all the graded items described in the table above. The total grade represents the completion score that determines the trainees' eligibility to sit for the SCFHS final examination.  |
| Criteria   | <ul> <li>Gather a report for the final grades after the completion of the program.</li> <li>The final Grades report is determined by calculating the average score of the modules teaching assessment and internship assessment, both measured out of 100%, along with the successful submission of the Logbook.</li> </ul> |
|            | <ul> <li>No numerical grade is to be announced to the trainees.</li> </ul>  |
|            | 12. Final Grading after passing the SCHS exam (OSCE Exam)   |
| Criteria   | <ul> <li>An objective structured clinical examination (OSCE) will be held to assess the trainees 'clinical skills upon successfully fulfilling the program training requirements.</li> <li>This examination will include a specific number of stations designed to achieve the training objectives.</li> </ul>              |
|            | <ul> <li>The examination format (including the number of stations, eligibility, and scores<br/>required to pass) will be based on the SCFHS Examination Rules and Regulations,<br/>available from the SCFHS website, <a href="www.scfhs.org.sa">www.scfhs.org.sa</a></li> </ul>   |





# **Program References:**

- 1. Judi L. Nath (2019). A Short Course in Medical Terminology, 4th Edition
- 2. Sorrentino, S. A., Remmert, L., & Wilk, L. S. (2020). Mosby's Textbook for Nursing Assistants (10th ed.). St. Louis, MO: Elsevier.)
- 3. American Red Cross (2013). American Red Cross Nurse Assistant Training Textbook: Third Edition. United States of America: Krames Stay Well Strategic Partnerships Division. ISBN: 978-1584805823,
- 4. Professionalism and Ethics Handbook for Residents Guide (2015 )Saudi Commission for Health Specialties, Riyadh -

